
FEDERAL DETENTION CENTER

SEATAC, WASHINGTON

I N M A T E H A N D B O O K

Revised June 1, 2010

The information contained in this handbook is current as of the date of publication. It contains summaries of Bureau of Prisons Program Statements and FDC SeaTac's supplements and is subject to change. The purpose of this handbook is to provide incoming inmates with general information regarding the Bureau of Prisons, institution programs, and the rules and regulations inmates will encounter during confinement. The intention of this handbook is to help new inmates understand their responsibilities when they enter prison, and assist them in their adjustment to institution life.

Marion Feather, Warden

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Introduction

The Federal Detention Center (FDC), SeaTac, Washington, is located south of the SeaTac International Airport, approximately two blocks west of Pacific Highway off of 200th Street and 26th Avenue South in SeaTac, Washington.

This federal jail facility has a multi-mission to house approximately 900 to 1000 inmates, who are pending trial or sentencing (pretrial), being detained by I.C.E. for deportation (I.N.S. Detainee), waiting transfer to their designated facility (holdover), or sentence and serving their term of confinement (designated).

It is the mission of FDC SeaTac to serve the court and to securely, safely and humanely house offenders, and to offer a variety of program opportunities.

Under the Warden, FDC SeaTac is divided into two principle divisions. The Programs Division is under the supervision of the Associate Warden (Programs), and the Operations Division is under the Associate Warden (Operations).

The Regional Director is responsible for all facilities within the western region. The Regional Office is located in Stockton, California. The Regional Office Staff provides management and technical assistance to institution personnel.

The staff of the Central Office coordinate all the activities of the Federal Prison System and are under the guidance of the Director of the Bureau of Prisons. Major functions of the Central Office include planning, policy development, management of manpower and other resources, monitoring the quality of programs and services, and coordination of activities of the regional offices and institutions. The Central Office also has primary responsibility for public information activities, legal and legislative affairs and relations with Congress and various other government agencies.

Important Addresses

A list of key United States Government Offices is noted below:

United States Parole Commission
5550 Friendship Boulevard
Suite 420
Chevy Chase, Maryland 20815

Washington, D.C. 20534

Attorney General
U.S. Department of Justice
10th and Constitution Avenue, N.W.
Washington, D.C. 20530

Regional Director
Western Regional Office
7338 Shoreline Drive
Stockton, California 95219

Immigration and Customs Enforcement
815 Airport Way S.
Seattle, Washington 98134

U. S. Marshal's Service
700 Stewart Street, Suite 9000
Seattle, Washington 98101

Director
Federal Bureau of Prisons
320 First Street, N.W.

For Mexican and Canadian inmates, the following are the addresses to the local consulates:

Canadian Consulate General
1501 4th Avenue, Ste 600
Seattle, Washington 98101
206-443-1777

Mexican Consulate
2132 3rd Avenue
Seattle, Washington 98121
206-448-3526

For all other inmates wishing to contact their diplomatic representatives of their home country of citizenship, contact your unit team for further information.

Institutional Procedures Inmate Accountability

It is the policy of the Bureau of Prisons to maintain strict inmate accountability at all times. This entails knowing the whereabouts of all inmates at this institution. Due to the structural design of this facility, all inmate movement will be through an elevator. You will be escorted by staff, and you **must face the back of the elevator until told to move.**

Metal Detectors

You will be required to pass through a metal detector when you come out of your assigned housing unit or other areas within the institution. Inmates will walk through the metal detector in a normal manner. Skipping, jumping, hopping, running, etc., are unacceptable. Inmates will continue to remove all items of metal such as watches, religious medals, etc., until they can clear the metal detector. At no time will inmates be allowed to proceed through the metal detector until they can clear it. If an inmate can not clear the metal detector, they will be visually searched by a staff member and then placed on the BOSS chair in R&D or on the 1st floor to ensure they are not concealing any items of contraband.

Gang Activities

Gang activities are expressly forbidden. There are no sanctioned groupings or strong arming of other inmates to further gang activities. These activities will be monitored and adverse action may be taken against the perpetrators.

Urine Testing

Types are: Random, Prior Use, Community, Disruptive Group, Suspect

Urine samples can be ordered at any time. Penalties will ensue for drug use/positive urinalysis/possession of drug paraphernalia and for refusing to submit to a test (to include waiting two hours and not being able to provide). Two positive UAs can subject designated inmates to transfer to a higher security facility.

Alcohol testing can also be ordered at any time and inmates will be subjected to disciplinary action if found to have possessed or used alcohol.

Identification Cards

All inmates at FDC SeaTac will be issued one (1) identification card when arriving at the facility. The identification card will be punched with a star punch over the unit that the inmate is assigned to. If the I.D. card has a circle punch on it that indicates it is an old unit and the new assigned unit will be punched again with a star punch. It is the responsibility of the inmate to maintain and provide the I.D. card to staff when requested. If the Identification card is lost or damaged it is the inmate's responsibility to notify the Unit Team and there will be a replacement cost of \$5.00 to be paid by the inmate to replace the I.D. card. All inmates will be required to have their ID card in their possession when out of the unit or be in the possession of the escorting staff member.

Count

Official counts are scheduled to ensure accountability of all inmates committed to the facility. During the course of the day, Monday through Friday, there are five official counts. The counts are as follows: 12:01AM, 3:00AM, 5:00AM, 4:00PM and 10:00PM. In addition, a 10:00AM count is conducted on weekends and Federal holidays. The 4:00 PM and 10:00AM counts are standing counts - you must stand, no exceptions. If staff are conducting a picture count you will be required to state your name and register number to the requesting staff.

It is your responsibility to be ready for the count when the time nears. The Unit Officer will announce "COUNT TIME" when it is time to count and you are expected to:

- 1) STOP what you are doing and go to your assigned cell or area;
- 2) Remain silent during the count;
- 3) Remain in your cell until the officer has announced that the count is clear.

The count is very important to the security of the institution. **Should you delay, disrupt the count in any way, you will be subject to disciplinary action.** Staff have been instructed to only count a body when they see skin. Therefore, to avoid disruptions to your sleep, ensure that you expose some appropriate portion of your body during count.

When there is an announcement for lockdown in the unit, you are to go to your cell without delay and stay in your cell with your door closed until further notice.

Call-outs

Attendance for a "Call-out" is mandatory. Failure to report for a call-out, or refusal to participate, may subject you to disciplinary action.

A daily "Call-out List" is published for participation in all programs and to obtain services; GED program, Team meeting, as well as for hospital, dental, and psychology services. It is your responsibility to review call-out sheets for changes and appointments regarding your daily schedule. The call-out system is the official means of establishing appointments for inmates with a specific staff member or department. This system is the only authorized appointment system. The call-out sheet will be posted on the unit bulletin board each evening for the following day. Inmates found to be in unauthorized

areas will be subject to disciplinary action.

Searches

Searches are more commonly known as "SHAKEDOWNS". These searches can be of your person or your living area and may be done by any staff member at any time, day or night. Regular searches are intended to promote security and safety for everyone.

The body search may consist of a fully-dressed "PAT" search or a Visual Strip Search. You should prepare for the "Pat" search by removing all objects from your pockets and they should be placed on the table or on the floor. During the "Visual Strip Search" you will be required to remove all items of clothing. You can expect these searches can occur at any time and/or at any place.

You can expect the right to privacy during a visual strip search. Searches are also conducted in your living area. You can expect to have your area inspected and searched regularly. You should expect that your property will not be abused or damaged. You will be held responsible for all contents of your locker, room and area. If any unauthorized items, or "CONTRABAND", are found during any of the searches, it will be confiscated and you will also be subject to disciplinary action.

Inmate Request to a Staff Member

This form is commonly referred to as a Cop-Out and may be obtained from the Unit Officer. Use this form to make requests for assistance and/or information. Be specific as to what you want. Address these to your Unit officer, your unit staff (Counselor, Case Manager, or Unit Manager), or any other staff member with responsibility of handling your specific problem. You may also send an electronic message through the Trulincs computers to any department head.

Legal Assistance

If you need help getting an attorney for your federal case, the Federal Public Defenders Office in your court of jurisdiction might be able to assist you. The number to the Federal Public Defenders Office in Seattle is (206) 553-1100 and the number to the Federal Public Defenders Office in Tacoma is (253) 593-6710. You may also act in your own behalf with the assistance of the Institution Law Library. To use these resources, you will need to request it by means of a "Request to Staff Member" form, (Cop-Out). Every effort is made to provide inmates reasonable access to legal materials. The Law Library is maintained by and located in the Education Department. Inmates may use the library during hours assigned to their housing unit. A photocopy machine is available in the library for legal copies. Charges will be deducted from a debit "copy" card which can be purchased through the Commissary. Typewriters are available, but are for legal work only, and you must provide your own ribbon which can be purchased through the Commissary. The Law Library is scheduled weekly for each housing unit. Inmates housed in the Special Housing Unit cannot go to the Law Library. The Electronic Law Library (ELL) is located on a computer in each unit for legal research.

Notary Public

Under the provisions of Title 18, United States Code, Section 4004, certain Unit Staff (Case Managers) are authorized to issue oaths for certain documents. However, notarization is not always required if you include a statement to the effect that the papers which you are signing are true and correct under penalty of perjury in federal courts and other federal agencies, unless specifically directed to do otherwise.

Some states will not accept a government notarization for real estate transactions, automobile sales, etc.

In these cases it will be necessary for you to contact your Unit Staff to arrange an appointment with a Washington State Notary Public.

Court Line

Court line normally begins at approximately 6:30 AM, Monday through Friday. It is important that you are ready when staff arrive at your housing unit to escort you so you do not risk missing your court date.

You cannot take anything other than legal material pertaining to your current court case: no pencils, pens, watches, etc. Inmates will be outfitted in court clothing. Should special clothing for Court proceedings be required, prior arrangements must be made through your attorney and the U.S. Marshal's Service.

Correspondence

Inmates are encouraged to maintain relationships with family members, friends, and other community members through correspondence. Except for "Special Mail", all outgoing mail shall **not** be sealed by the inmate and may be read and inspected by staff. Outgoing mail will normally be processed by 8:00 AM Monday through Friday, excluding holidays.

Your mailing address is: Federal Detention Center
Committed Name
Register Number & Unit Assignment (i.e., Unit GA)
P.O. Box 13900
Seattle, WA 98198

All out going correspondence must have all of the above information listed, or it will not be mailed. Incoming mail must have your unit assignment on it.

Inmates are not permitted special mail privileges, i.e., overnight delivery services, express mail, etc. Questions concerning certified mail and ensured mail should be directed to your Unit Team.

Incoming general correspondence mail will be opened by the Mail Room Officer(s) and inspected for funds and contraband. Authorized mail includes letters, magazines and paperback books. An inmate may receive hardcover publications, newspapers, paperback books and magazines only from the publisher, book club or bookstore. The Warden may have all incoming publications inspected for contraband. The Warden may designate staff to review and where appropriate to approve all incoming publications in accordance with Program Statement 5266.10. You may not retain more than 5 publications in your possession at any one time. Inmates require written authorization prior to mailing or receiving packages. Specific requests may

be submitted to your Unit Team. Unauthorized mail includes musical greeting cards, Polaroid photos, nude personal photos, plant material, non-inspectible items, etc. All unauthorized mail will be returned to the sender along with a rejection form explaining why the mail was rejected. Mail will normally be distributed after the 4:00 PM count.

Correspondence with any other inmate requires prior approval. You may request approval from your Unit Team. Approval is limited to immediate family members or persons whom you are actively involved in an on-going legal case or appeal (e.g., co-defendants).

Inmates found to be communicating with inmates in other units through note

passing, communicating through the windows and/or through plumbing pipes, etc. can receive disciplinary action.

Special Mail: For incoming correspondence to be processed under special mail procedures, the specific sender must be **adequately identified** on the envelope, and the front of the envelope must be marked **"Special Mail - Open only in the presence of the inmate"**. "Special Mail" includes correspondence received from the following: President and Vice President of the United States, Attorneys, Members of the U.S. Congress, Embassies and Consulates, the U.S. Department of Justice (excluding the Bureau of Prisons but including U.S. Attorneys), other Federal law enforcement officers, State Attorney Generals, Prosecuting Attorneys, Governors, U.S. Courts (including U.S. Probation Officers), and State Courts. The Warden or designee shall open incoming special mail only in the presence of the inmate for inspection for physical contraband and the qualification of any enclosures as special mail. The correspondence may not be read or copied if the sender is adequately identified on the envelope, and the front of the envelope is marked "Special Mail-Open only in the presence of the inmate". In the absence of either adequate identification or the "special mail" marking, as indicated in this section, appearing on the envelope, staff may treat the mail as general correspondence and may open, inspect, and read the mail. It is your responsibility to inform your attorney of the procedure for handling Special Mail.

You may not receive packages through the mail without prior written approval. We do not ordinarily authorize any packages with the exception of release clothing or legal materials. Per Program Statement 5800.10, Change Notice 01, dated August 19, 1998, all incoming inmate property packages must be authorized in advance, unless otherwise approved under another Bureau policy. An Authorization to Receive Packages or Property, BP-331 (BP-S331) shall be used for this purpose. A BP-331, shall remain valid for no longer than 60 calendar days from the date of approval.

If you are an indigent pre-trial or holdover inmate, you may be eligible to receive three postage stamps per week. If you are a sentenced inmate without funds, you are eligible to receive five postage stamps per month. Stamps are obtained through the unit staff with the Unit Manager's approval. You will be able to purchase stamps from the Commissary on your purchase day. Inmates will not be able to possess more than 1 book of postage stamps or the equivalent of 20 stamps. If you require more postage, see unit team for approval. You may not receive stamps, or anything else of value, in the mail. Any unauthorized items will be returned to the sender. Correspondence will

not be restricted as long as you do not abuse the privilege.

Special mail will be sealed and given to the unit officer by the inmate mailing the legal correspondence, between the hours of 5:00 PM and 9:30 PM daily. The inmate will present his/her identification card to the staff member. The staff member will ensure that the inmate has the proper return address and name on the legal correspondence.

You will be solely responsible for the contents of any correspondence you place in the mailbox located on the wall in your housing unit. Incoming mail will be opened and inspected for contraband prior to delivery to the unit. FDC Seatac does not accept funds from outside the institution thru the mail. Any funds received thru the mail will be returned to the sender with specific directions on how to send the funds to the national lockbox. Therefore, no U.S. currency, checks or money orders of any kind will be accepted. For inmates to receive funds, refer to the National Lockbox procedures.

You may subscribe to publications if they are sent directly from the publisher and are pre-paid.

Some types of publications that could jeopardize the security and the orderly running of the institution are strictly prohibited and will be returned to the publisher. Some examples are publications that explain weapons or explosive manufacturing and/or martial arts training materials and pornography, etc.

Sanitation

Maintaining a high level of sanitation is a priority. You and the staff have a right to live and work in a clean and sanitary environment. You must be considerate of others by keeping your area clean and neat. You will be required to maintain your own personal living area. In addition, you will be required to assist in the cleaning of all common areas. Frequent sanitation inspections will be conducted. Failure to pass these inspections may result in loss of privileges or disciplinary action. It is your responsibility to check your living area immediately after being assigned and report any damage to the Unit Officer or Counselor. You will be held responsible for any damage or any writing or markings on the walls or furniture. All inmates are subject to disciplinary action if they create graffiti on walls, doors, chairs, furniture, and common areas. You may be held financially liable for any damage to your living area. You are also responsible for maintaining a clean and orderly area. ALL PROPERTY must be stored in the locker. **Nothing is to be tacked, stapled, or taped to the inside or outside of the locker, wall or on the bed.** Lockers must be neatly arranged and clean inside and out. You are required to have your bed made and assigned area ready for inspection by 6:35 AM Monday through Friday and by 10:00 AM on weekends and holidays. More specific rules regarding sanitation standards are posted on the bulletin boards. A picture of what is considered an appropriate cell is located in the bulletin boards as well as in the back of this handbook.

The proper way to access getting onto the upper bunk is to climb onto it using the step at the end of the bed. You are also to use them to climb down from the upper bunk. At no time, should you ever jump directly from the upper bunk to the floor or step on any plumbing, furniture fixture, or any moveable objects not intended from climbing such as a table or chair.

- FDC SeaTac is a tobacco free institution.
- Floors are to be swept and mopped regularly. They shall be clean and free of excess dirt and dust.
- Beds shall be neatly made each day, and clean linens, blankets and a pillow.
- No more than one pillow and two blankets are authorized.
- All clothing, including shirts/t-shirts, underwear, and trousers must be hung on provided coat hooks or stored inside your locker.
- Air vents must be clean and clear of any obstruction including paper, pens, pencils or paperclips.
- Inmates are not to wash any clothes in the sinks nor hang clothes in the vents.
- Your trash can shall be emptied at least once each day. The trash cans will not be used at any time to store ice and/or food.
- Nothing is permitted to be taped, hung or otherwise attached to the walls, locker, or bed. Cardboard boxes, paper bags, and plastic bags are not authorized for storage purposes or trash.
- No door windows, exterior windows or vents will be covered with any object. A piece of paper may be placed in the door frame to signify the current use of the toilet. At no time will anything obstruct the cell windows. Nothing will obstruct the staffs' view of inmates in the bed or cell areas.
- Inmates are required to sleep with their head opposite the locker.
- Visiting within the rooms is only authorized after the evening meal until 9:00 PM. No more than three inmate will be allowed in a room and the door will remain open.
- Each inmate is responsible for familiarizing themselves with the fire exits located in the unit. Failure to respond to a fire alarm may result in disciplinary action. The distress button on the wall by the door in each cell is **to be used only in case of an emergency**. Use of it in the absence of an emergency will be considered tampering with a life safety device.
- Inmates will not lean on or rest their feet on the walls or railings on the upper tier. **No inmates may gather to sit on the upper tier walkway.**
- No more than 5 books and/or magazines (excluding legal books and school books) are authorized. No more than a total of 4 books or magazines per cell will be allowed on either the window ledge or wall ledge. They must be neatly stacked. Other reading materials will be kept in the lockers. Unless in use, the cell table will be clear of items.
- All legal materials must fit inside your locker. If you are unable to store all of your legal materials in your locker contact your Unit Staff.
- Nothing will be stored on top of the lockers or desk. These areas will remain clean and clear.
- Inmates are prohibited from taking utensils, food trays or kitchen issued food to their cells.
- Medication will always be stored in your locker in their approved container.

Smoke Free/Tobacco Free Institution

FDC SeaTac is a tobacco free institution. Inmates are not authorized to possess any tobacco items which includes chewing or smoking tobacco. Services will be

provided upon request for any inmates requesting smoking or tobacco cessation classes. Inmates can also purchase nicotine replacement therapy (patches) from the commissary upon approval from Health Services.

Personal Property

At the time of admission, all inmates may keep the following items:

- o All addresses and phone numbers.
- o Prescription eyeglasses & contacts
- o Wedding ring-plain band with no stones; and with a declared value of less than \$100.00.
- o Legal reference materials, letters and news clippings.
- o Dentures, hearing aid, other prosthetic devices, may require approval from the Medical Department.
- o Religious medal and chain with a total declared value of \$100.00 or less)
- o 25 total photographs, unframed and unbacked. Nude photos will not be authorized.

Inmates will not be able to possess more than 1 book of postage stamps or the equivalent of 20 stamps. If you require more postage, see unit team for approval.

Inmates MAY NOT give or receive anything to or from another inmate. Items in excess of limits in the institution supplement will be confiscated. For additional information regarding personal property authorized for retention, refer to Institution Supplement on Inmate Personal Property, and the institution's commissary sales list.

The following items can not be packed out for an airlift: baby powder; any liquids that do not have a manufacture seal, or any open bottles of liquids; any type of hobby craft items; no bandanas; only 5 books permitted; 2 pairs of sweats and 2 pairs of tennis shoes permitted; and no medications. Two boxes are the maximum that can be transferred to another institution.

Clothing/Laundry/Linen:

Laundry will be conducted once a week. There is a laundry schedule posted on your unit for regular days and holidays.

Initial Issue: Upon arrival, you will be issued a standard bed roll consisting of two blankets, two sheets, one pillowcase, one towel, and one wash cloth.

Clothing Issue: Once you are assigned to a housing unit, your clothing will be delivered by the Laundry Foreperson. Your clothing size will be determined by the information you provided on the laundry form you filled out when you entered R&D. You will be responsible for keeping your clothing and linen until you are released or transferred to another institution. Your personal issue will consist of a total of: Socks=7prs, boxers=7prs, t-shirts=7ea., khaki pants=3prs, khaki shirts=3ea. If you are assigned to a work detail, you will receive two additional uniforms and a pair of work boots. In addition to the above, female offenders will also be issued a total of: panties=7ea., bras=4ea, and nightgown=1. Total linen issuance will be 2 sheets, 2 face clothes, 2 towels, 1 pillow case, and 2 blankets. Clothing cannot be altered.

You will be held responsible for any altered clothing.

Replacement & Reissue: Reissue of clothing due to wear or improper fit will be done only on your scheduled laundry day. Worn clothing should be returned to the laundry for exchange and not discarded. All exchanges will be placed in a pillow case with a cop-out stating the problem and exchanges will be conducted on a one for one basis. Requests for replacement clothing must be verified by a staff member. The staff member can either notify the Laundry Officer via telephone or sign the Inmate Request To Staff form. Your complete name, unit and register number are required on all cop-outs.

Exchanges: Linen exchanges will be done weekly on the morning of the unit's scheduled laundry day. Linen will be placed in a pillow case with a completed cop-out and placed in the outgoing laundry cart. Blanket exchanges will be done monthly as indicated on the unit's schedule. Blankets will be placed in a pillow case with a completed cop-out indicating the number of blankets to exchange. During a holiday week, blanket exchanges will not be conducted.

Laundry Pick-up: Laundry carts will be picked up between the hours of 6a.m.-7a.m. on your scheduled laundry day. All clothing will be sent to and from the Laundry in a secured laundry bag. The laundry bags should be placed in the brown laundry cart prior to the pick-up time. The brown laundry cart is available on the unit the night prior to your scheduled laundry day.

Delivery: All clothing, linen and blankets will be returned to the unit by the end of the work day in a clean laundry cart. At that time, it is your responsibility to retrieve your clothing/linen during laundry call.

Cop-Outs to Staff: Request to staff pertaining to laundry issues must be sent through the mail system with the complete name, unit and register number of the requesting inmate.

Release: Upon release from the institution, all clothing and bed linen will be taken to R&D and placed in the cart out front.

Inmate Dress Code:

All inmates will be required to adhere to the uniform standards listed below. Failure to comply with any of these standards can result in disciplinary action. All religious items will be worn inside of the shirt at all times.

Outside the housing unit:

- T-shirts must always be tucked inside of the pants and covered with a button shirt or smock (pull over shirt).
- Smocks do not need to be tucked into pants.
- Shirts with buttons worn outside the unit must always be buttoned and tucked into the pants. Only the top button may be left unbuttoned.
- Uniforms must always be neat and clean.

- Trouser pants may not be rolled up or cuffed. No sagging around the hips will be permitted on any pants, sweat pants, or shorts.
- No radios, magazines, or other amusement items will be allowed on the job sites.
- The uniform worn by inmates assigned to the Front Lobby and Administration detail must be pressed.
- Inmates assigned to other work details must wear a presentable uniform that is free of excess wrinkles.

Inside the housing unit:

- Button shirts may be worn outside of the pants as an unbuttoned outer garment. Button shirts must either be unbuttoned entirely or buttoned. If buttoned, then the shirt must be tucked into the pants. T-shirts must be worn under an unbuttoned shirts.
- T-shirts must always be tucked inside of the pants unless the inmate is actively participating in an activity in the recreation yard.
- Shoes or boots must be worn at all times when outside your cell. Showers shoes may only be worn to and from the shower only. No EXCEPTIONS.

Hygiene/Haircuts

Each inmate must observe high standards concerning bathing and clothing. Inmates will maintain appropriate standards of grooming, bathing, and clothing. Articles necessary for maintaining personal hygiene to include: soap, toothbrush, toothpaste or powder, comb, feminine hygiene products, and toilet paper are available from the Unit Officer. Additional items can be purchased from commissary. Disposable razors are issued upon request. The Bureau of Prisons permits an inmate to select the hair style of personal choice, and expects personal cleanliness and dress to be kept within standards of good grooming and the security, good order, and discipline of the institution. Hair cuts will be provided in your assigned unit.

A haircut schedule has been established and posted on the unit bulletin boards. Only designated inmate barbers will administer haircuts.

Commissary

Commissary is a privilege, not a right. This privilege may be suspended or revoked for failure to comply with the rules and regulations of conduct. The institution operates a Commissary which provides numerous items for purchase. A list with the price of each item can be obtained from the Unit Officer. Once each week you may submit a commissary sheet according to the schedule posted in your unit. You must have funds in your account to receive goods from the commissary. You are not limited to the amount of money you may spend at any one time; however, you may not spend more than the monthly limit set by policy which is currently \$320.00 per month. Stamps are exempt from the spending limit.

Commissary List Pick-up: Commissary lists must be turned into the Unit Officer prior to 6:00 a.m. on your scheduled commissary day. If the Commissary Officer does not receive your list, you will not be allowed to shop

that day. Purchased commissary items will be delivered to you in your housing unit. If you miss your assigned commissary day because you are in court, at your work assignment, or on official call-out, your commissary items will be delivered to you the next day. Items that require sizing such as shoes, sweats, etc. must be checked for correct size prior to the commissary staff leaving the unit.

Commissary Discrepancies: If there is a discrepancy with your order, you must notify the Commissary Officer prior to signing and returning your receipt to him/her.

Sales Receipts: It is your responsibility to know the amount of money in your account. You may check both the balance in your account and the balance left of the \$290.00 monthly spending limit by reading your sales receipt. Your re-validation date is based on the 5th digit of your register number and the re-validation list is posted in the units. You may check your account balance utilizing the Inmate Telephone System by keying "118" and your Personal Access Code. If you have any questions concerning your account balances, send an Inmate Request to Staff form to the Business Office.

Account Balance Discrepancies: If you feel there is a **discrepancy** with your account balance, inform the **Business Office** via an **"Inmate Request to Staff Member"** form. The Commissary Officer is not responsible for, nor can he or she answer questions about posting of money to your account.

Deposits to Accounts

Forms of Deposits: Deposits to your commissary account from outside sources will be made through the Lockbox, or Western Union Quick Collect.

Deposits for the Lockbox should be mailed to:

Federal Bureau of Prisons

Inmate's Register Number

Inmate's Name

Post Office Box 474701

Des Moines, Iowa 50947-0001

NOTE: The Lockbox will no longer accept any personal checks or foreign negotiable instruments. They will be returned to the sender. The senders name and return address must appear on the upper left hand corner of the envelope to ensure that the funds can be returned to the sender in the event that they cannot be posted to the inmate's account. Please notify your family members **NOT** to enclose letters, pictures or any other items in the envelope. Enclose only the allowable negotiable instrument. The Lockbox will not forward any items enclosed with the negotiable instrument to the inmate.

Deposits via Western Union Quick Collect may be sent via one of the following:

At a Western Union agent location with cash by completing a Blue Quick Collect Send Form; by calling 1-800-634-3422 using a credit/debit card; or online using a credit card at www.westernunion.com.

The following information must be provided:

Pay to: Federal Bureau of Prisons

City Code: FBOP

State Code: DC

Sender's Account Number: Inmate's Name & Register Number

NOTE: If your name and number are entered incorrectly, the transaction will be rejected. Your name must be entered exactly as committed and omit the hyphen in hyphenated names.

Deposits **cannot** be brought into the institution by visitors.

Negotiable Instruments: Deposits may be made in the form of U.S. postal money orders, U.S. Treasury checks, U.S. Government-issued drafts, state, county, and municipal checks, checks from privately contracted correctional facilities, cashiers' checks, domestic money orders, and Western Union money gram. All negotiable instruments must include the inmate's committed name and register number.

Post Date: U.S. Postal Money Orders, U.S. Treasury Checks, U.S. Government-issued drafts, State, county and municipal checks, checks from privately contracted correctional facilities, cashiers' checks and domestic money orders **will be posted to your inmate account the day it was received.**

15 Day Hold: All other types of domestic checks or money orders, and Western Union Money Grams will be placed on hold for 15 calendar days before being posted to your account on the 16th calendar day. Although a deposit of this nature may appear on your balance, you will not have access to those funds until the 16th day.

30 to 60 days hold: All non-domestic or foreign money orders checks will be held for 30 to 60 days before being posted.

Holdovers Status From Other Federal Institution: If you are on holdover status from another Federal institution, your money will be automatically transferred usually within 2 business days to this facility without your written request to the Business Office.

OTHERS: Canadian postal money orders expressed in U.S. currency are available immediately. All other negotiable instruments will be posted to your inmate account and your funds will be made available immediately.

Other Transfers: All other transfers from other than Bureau of Prisons facilities should expect to receive their personal funds within 7 days of

entering this facility. If your funds have not been posted to your account within this time period, please notify your Unit Team.

Inmate Telephones System(I.T.S.)

Pac Numbers & Phone List: Upon your arrival, you will be assigned a nine-digit phone access code (commonly called PAC Number). This is your personal confidential code to access information on your ITS-II account and to transfer funds from your commissary account to your ITS-II account. There is a \$5.00 replacement charge if your PAC number is compromised. Even if you do not use the computers for email purposes, you must enter the phone number information into your Trufone account via the computer in order to be able to call your numbers. There is no cost to the inmates to enter the phone numbers into the Trufone system.

Trulincs/Trufone/Truaccess Account

You are provided with individual Trulincs account, similar to the Trufone accounts. Each housing unit has dedicated Trulincs workstations to perform the following functions:

- *Contact list management
- *Messaging
- *Account transaction viewing
- *Electronic Law Libraray (coming soon)

In order to use Trulincs (email), an Inmate Agreement for Participation in Trulincs Pilot Program must be signed and returned to your Counselor or can be dropped off at the Commissary drop boxes.

You are allowed a maximum Trulincs session length of 60 minutes before being automatically logged out for 15 minutes to allow other inmates access to the system. There is not a monthly time limit for public messaging (emailing). Once you have access to your account, you may purchase Trulincs session time at the rate of 5 cents per unit (Tru-Unit). Electronic messaging is billed as one Tru-Unit per minute of a session time, printing is billed as three Tru-Units per page. You may purchase from 40 to 600 Tru-Units at one time and your Commissary account is immediately deducted.

Maximum Monthly Time Limits

| | |
|-----------------------------------|---------------------------------|
| Contact List- 10 hours | Financial Transactions- 2 hours |
| Send Funds-2 hours | Print Services-no time limits |
| Purchase Tru-Units-no time limits | Staff Messaging- 5 hours |
| Public Messaging-no time limit | |

Contact list

You must have a pre-approved email address in order to perform electronic messaging and you must use your contact list. The contact list will also be

used to manage your approved telephone number within Trufone, sending funds out from your Commissary account (BP-199) and printing postal mailing labels. You are allowed up to 30 contacts for the Trulincs and Trufone system, plus up to 100 contacts to print Postal mailing labels. The telephone number and email addressed are counted based on the first 30 entered, if you are adding a contact only to communicate via Postal Mail, then you should not enter a telephone number or email address on the contact.

Electronic Messaging

If an email address is entered for a contact, Trulincs sends a system generated message to the contact giving them the opportunity to accept or reject the email prior to receiving any messages from you. If a positive response is received, then you may begin exchanging electronic messages with this contact. If a contact rejects Trulincs participation, then you are blocked from sending any messages to that email address. Messages are limited to 13,000 characters. You **will not have access to the Internet nor are you able to received pictures or other attachments.** The delivery of all incoming and outgoing messages is delayed by a minimum of one hour to prevent the engagement of chat sessions. All messages are stored for monitoring at the institution's convenience.

Account Transaction Viewer

You are provided the opportunity to view your Commissary transactions, telephone account statement, and Tru-Unit transactions via Trulincs.

Electronic Law Library

The implementation of Trulincs created a physical infrastructure that paves the way for the implementation of an Electronic Law Library (ELL). Institution Trust Fund staff will maintain the ELL hardware.

Monitored Calls- Long Distance, Local, Collect, and International: All calls made on the ITS-II will be monitored and recorded and your use of the telephone constitutes consent to this monitoring. You can make local and U.S. long distance collect and/or debit/direct calls. However, you cannot make any international collect calls, they must all be made by direct debit.

Detailed instructions on how to use the phone system are provided with your PAC number. All calls are limited to 15 minutes.

Call Limits and Unmonitored Attorney Calls: You are limited to a total of 300 minutes per calendar month for ITS-II monitored telephone calls. Should you exhaust your 300 minutes limitation, you can request, at the Warden's discretion, to be provided a telephone call for good cause shown. You should request such calls through the Unit Team. This limitation does not affect your ability to make unmonitored legal telephone calls. If you require an unmonitored phone call to your attorney, contact your Unit Team.

Restricted Telephone Activity

WARNING: The use of telephones (for social calls) is a privilege. This privilege will be suspended or revoked for failure to comply with the rules

and regulations of conduct. Therefore, **when using the Inmate Telephone System, you must not engage in the following activities or you will be subject to disciplinary action:**

- ☞ Make a 3-way or 3rd party phone call (ensure the party you are speaking with understands this so they do not inadvertently connect you through to another party);
- ☞ Knowingly make or arrange for a call to be forwarded to another phone number regardless if the phone number is on your approved list;
- ☞ Discuss or engage in any business related activities. Pretrial Detainees may reasonably be permitted to engage in pre-existing lawful business activity;
- ☞ Work for or assist with any on-going law enforcement activity without the Warden's approval;
- ☞ Make or imply any threat to another person over the phone;
- ☞ Use or access another inmate's PAC number;
- ☞ Pass the phone to another inmate or accept the phone from another inmate which has been connected;
- ☞ Attempt to place a call on the phone while on telephone restriction;
- ☞ Arrange to have anything of value sent to another inmate or inmate's family without staff authorization;
- ☞ Place calls to a number that cannot be directly and immediately deducted (i.e., 1-800, 1-888, 1-900, 1-976, or to credit card access numbers;
- ☞ Place calls to check or access voice messaging;
- ☞ Place calls that are engaged in conference calling;
- ☞ Attempt to speak or contact any other person who is confined in any other correctional facility(e.g., halfway house);
- ☞ While on the phone, you shall not speak in code or in any other language in an attempt to mask or conceal the content of your conversation.
- ☞ You shall not use the phone to engage in or encourage others to participate in illegal and/or unlawful activities;
- ☞ Threats over the phone are taken very serious. If a threat is made to anyone on the phone, disciplinary actions and/or prosecution may be sought by the Assistant U.S. Attorney.

- ☞ Finally, you must not engage in any other activity or conduct over the telephone which staff interpret as an effort to circumvent our policies and regulation.

Visiting

Social Visiting is a privilege. This privilege may be suspended or revoked for failure to comply with the rules and regulations of conduct which may not be related to visiting.

Pre-trial, INS and Holdover inmates will only be allowed to have their immediate family on their approved visiting list. For those inmates who don't

have immediate family, special visits can be requested through the Unit Manager under certain circumstances.

Immediate family includes: mother/father (step-parents), legal spouse, children, and brother(s)/sister(s). Proof of this relationship must be clearly demonstrated and provided. Examples of proof can include copies of a birth certificate, marriage certificate, divorce decree etc. It is also recommended a copy of valid identification be provided at the time the visiting application is provided.

To have a person placed on your visiting list, you will need to send each visitor applicant a Visiting Information form (BP-A629.52). These forms can be obtained from your Correctional Counselor. The visitor applicant must complete the form, sign, include copies of proof of relationship, and mail directly to your Correctional Counselor. These Visitor Information forms must be mailed directly to your Unit Team. Once the form(s) have been received, your Counselor will run a background check and notify you of the visitor applicants approval or denial to visit. It is the responsibility of the inmate to notify the visitor of the approval or denial. Unit Staff cannot make this notification.

Any visitor with a criminal record requires both the Unit Manager's and the Associate Warden's approval. This approval process can take several days, and your Correctional Counselor will advise you if the visitor applicant has been denied. However, privacy laws prevent specific disclosure of the reasons for denial when based on background information.

Other relatives (family members not considered immediate family as indicated above) and friends (depending on your status as indicated above) may be added by mailing a visiting application to the requested visitor, who must answer the questions and return the form, via the U.S. Postal Service, to the Correctional Counselor. Inform your friends and relatives not to come to visit until after the final approval. Verification of a relationship prior to the inmate's current incarceration is required for "friends" before visiting approval is granted.

Special Visits (Family Emergency)

In the event of a family tragedy or emergency, inmates can request from their Unit Team extended visits for family members and others under certain circumstances.

Social/Legal Visiting Hours

You must submit a list of requested visitors to your Unit Team for approval. Visitors must be approved before they may enter the institution. Visiting hours for social visits are:

| Social Visiting Hours | | Legal Visiting Hours |
|-----------------------|--------------------|-----------------------|
| Monday | 2:00 PM to 9:00 PM | 7:30 AM until 9:00 PM |
| Tuesday | NO SOCIAL VISITING | 7:30 AM until 5:00 PM |
| Wednesday | NO SOCIAL VISITING | 7:30 AM until 5:00 PM |

| | | |
|----------|--------------------|-----------------------|
| Thursday | NO SOCIAL VISITING | 7:30 AM until 5:00 PM |
| Friday | 2:00 PM to 9:00 PM | 7:30 AM until 9:00 PM |
| Saturday | 7:30 AM to 2:30 PM | 7:30 AM until 2:30 PM |
| Sunday | 7:30 AM to 2:30 PM | 7:30 AM until 2:30 PM |

The following federal holidays will have special visiting for all inmates regardless of their inmate register number. The visiting hours will be 7:30 AM-2:30 PM: **New Year's Day; Memorial Day; July 4; Labor Day; Thanksgiving; and Christmas Day.**

The following federal holidays will be regular inmate visiting days dependant upon the inmate's register number. The visiting hours will be 2:00 PM-9:00 PM: **Martin Luther King Day; President's Day; and Columbus Day.**

The following federal holiday will be a regular inmate visiting day dependant upon the inmate's register number if it falls on Friday-Monday. The visiting hours will be consistent with the day of the week listed above. If the holiday falls on a Tuesday or Wednesday, there will be no visiting on this holiday: **Veteran's Day.**

The day an inmate can visit will be determined by the fifth digit of his/her register number. Inmates ending with odd numbers will only be allowed to visit on odd days, and inmates ending with even numbers will visit on even days. For example, an inmate with register number of 12345-086 will only be allowed to visit on odd days of the month (I.E. May 7, 2007). Similarly, an inmate with a register number of 01234-086 will only be allowed to visit on even days of the month (I.E. May 4, 2007).

All social visits will be limited to one 2 hour sessions per day, regardless of admission status (pre trial, hold over, or cadre). The time period will begin when the inmate arrives in the visiting room. All inmates will be allowed only one visit per day. All inmates will be allowed to visit on any special visiting days/federal holidays that are approved by the Warden. **On those days, all inmates will be allowed two (2) hours of visiting.**

Inmates will be permitted to visit with a maximum of six persons including both adults and children at one time.

Children under the age of 16 are not considered an adult and **must be accompanied** by an approved adult visitor. Persons the age of 16 and above must have a valid picture identification and be placed on the inmate's approved visiting list. Visitors will not be permitted to exchange places (alternate) with another visitor outside the Visiting Room.

Inmates wanting a visit from their "Minister of record" must submit a written request to the Chaplain. Upon approval, the unit team will add the name with the title "Minister of Record" to the inmate's visiting list. An inmate is limited to only one "Minister of Record" and the prior relationship rule will not apply. The addition of a Minister of Record will not count against the inmate's authorized visitor list total and will not impact the inmate's

allowed social visiting for that day. Minister of record visits will be conducted in the visiting room during scheduled social visiting hours. All other clergy visits will be processed as outline in this booklet.

Inmates will be allowed to enter the Visiting Room with one plain wedding band, prescription eyeglass and one religious neck chain. All inmate attire will be institutional issue and underwear must be worn. Attorneys and legal assistants may exchange legal documents with their inmate clients as outlined in the Institutional Supplement on inmate visiting.

The only physical contact permitted during the visitation will be a kiss upon entering and/or leaving the visiting room, and you can hold hands. You are permitted to hold small children. You are responsible for your children. You and your visitors are required to observe very high standards of behavior. You are **not permitted to receive any item of any kind from any visitor**. Your failure to comply with visiting regulations can be cause for loss of this privilege for specified period.

Processing of visitors will begin 30 minutes prior to scheduled visiting hours, and will end one hour prior to the end of the visitation period.

In addition to immediate family members, Cadre inmates may have other relatives or friends added to their approved Visiting List. A maximum of ten (10) visitors (in addition to immediate family members) may be on the visiting list for a work cadre inmate.

All adult visitors must have proper picture identification. It is preferred that a driver's license or official state or federal ID with photograph showing full name and signature be used.

Visiting Etiquette: Visitors will not be allowed to take any personal items into the Visiting Room except for their identification. All personal items with the exception of wallets, purses, money, etc., will be locked in the visitor's vehicle. Those items which should not or cannot be locked in the visitor's vehicle will be placed in the lockers located in the Front Lobby. Persons utilizing the public transportation system will be allowed to utilize the lockers in the Front Lobby to store personal items for the duration of their visit. The only exception will be infant care items to include: one pacifier, one diaper, five diaper wipes, one bottle with contents, and one infant size blanket. No infant toys of any kind are allowed in the Visiting Room.

Visitors are required to dress appropriately in clothing that is appropriate for correctional setting or court room. Visitors will be allowed to wear shorts, but the shorts must be long enough to ensure that no part of the buttocks are exposed. Visitors will not be allowed to wear sun dresses, halter tops, bathing suits, see through garments of any type, crop tops, low cut blouses or dresses, miniskirts, backless tops, hats or caps, sleeveless garment, leotards/spandex-type clothing or any skirt which is approximately

two inches or more above the knee. Clothing that is questionable will be brought to the attention of the Institutional Duty Officer or the Operations Lieutenant in their absence. All visitors have to clear the metal detector so advise them to refrain from wearing excessive metal items including underwear garments.

Only medication necessary for the immediate preservation of life of a visitor will be allowed into the institution. Examples would be an asthma sprayer or nitroglycerin to treat a heart condition. Visitors will take only the quantity of medication necessary the duration of the visit into the Visiting Room. An entry should be made on the individual's Notification to Visitors describing the medication. Any questions regarding the introduction of medication into the institution by a visitor should be referred to the Operations Lieutenant or Institution Duty Officer.

Travel Information

The Federal Detention Center is located in SeaTac, Washington, on the corner of South 200th Street and 26th Avenue S. Our physical address and phone number are as follows: 2425 South 200th Street, SeaTac, Washington, 98198, (206) 870-5700.

Taxicabs: Below is a listing of several cab companies serving the SeaTac area.

| | |
|-----------------|----------------|
| Farwest Taxi | (206) 622-1717 |
| Orange Cab | (206) 522-8800 |
| Yellow Cab | (206) 622-7395 |
| Shuttle Express | (206) 622-1424 |

Airlines: Below is a listing of several major airline companies that service the SeaTac area:

| | |
|--------------|----------------|
| Alaska | (800) 252-7522 |
| America West | (800) 235-9292 |
| American | (800) 433-7300 |
| Continental | (800) 523-3273 |
| Delta | (800) 221-1212 |
| Mexicana | (800) 531-7921 |
| Northwest | (800) 225-2525 |
| Southwest | (800) 435-9792 |
| United | (800) 864-8331 |

Unit Management

There are 11 housing units at FDC SeaTac. A unit is a self-contained inmate living area that includes both housing sections and office space for unit staff. Each unit is staffed by a Unit Team directly responsible for those inmates living in that unit. The Unit staff offices are located in the units so staff and inmates can be accessible to each other. The Unit staff includes the Unit Manager, a Case Manager, Correctional Counselors, and one Unit Secretary. When available, the Staff Psychologist, Education Advisor, and Unit Officer will sit on a Unit Team, and be considered as Unit staff.

Inmates are assigned to a specific Unit Team. Generally the resolution of issues or matters of interest while at the institution are most appropriately initiated with the Unit Team. Unit Team members are available to assist in many areas, including parole matters, release planning, personal and family problems, counseling, and assistance in setting and attaining goals while in prison.

Unit Manager

The Unit Manager is responsible for the overall operation of the unit and maintains oversight of the Case Manager, Counselor and Unit Secretary. If you are unable to resolve issues with unit staff, you may seek assistance from the Unit Manager. The Unit Manager receives general supervision from the Associate Warden (Programs).

Case Manager

The Case Manager has the responsibility for all casework services, and works as a liaison with inmates and staff to plan, monitor and prepare the inmate for release. Your Case Manager and other Unit Team members will recommend a number of programs that would benefit you during your stay at this institution. They will also assist in determining any release preparation needs you may require. The duties of the Case Manager involve all phases of inmate institutional life, such as initial classification, Parole Commission progress reports, release planning, and assisting inmates with choosing educational, recreational and counseling programs, and to help them adjust to the institution environment and prepare for eventual release.

Correctional Counselor

The basic job of the Correctional Counselor is to help solve the day-to-day issues of the inmates in the Unit. The Correctional Counselor will be the primary staff member with which you deal on matters of administrative complaints, visiting, room changes, mail, property, and initial and/or change of work assignments. They work with each inmate as their primary liaison to all other staff members. They will keep the Unit Team informed of your progress in assigned work programs, group counseling involvement and general living conditions. The Correctional Counselor obtains and gives information, expedites and improves services, suggests plans and directions, and assists the inmates with adjusting to institution environment.

Unit Officer

The Unit Officer is responsible for security, sanitation and maintaining order in the Unit. The Unit Officer is required to make routine shakedowns to locate contraband and to promote safety and sanitation. They will also dispense inmate care items and cleaning supplies. The Unit Officer is also viewed as a member of the Unit Team.

Town Hall Meetings

Town Hall Meetings are held in each Unit on an as needed basis, but at least once a month. These meetings are held to make announcements and to discuss changes in the policy and procedures of the Unit. Inmates are encouraged to ask pertinent questions of staff and any guest speakers that are present.

These questions should pertain to the Unit as a whole rather than personal questions or problems. Personal problems will be resolved by Unit staff members during the regular working hours which are posted in each Unit.

Work Assignments

After designated (Cadre) inmates complete the Admission and Orientation (A&O) Program, and have been medically cleared to work, they will be assigned to a work detail. If possible, you will be assigned to the type of work which you prefer. However, you must be qualified for the work detail you prefer. Even so, the needs of the institution will be given first consideration when assigning you to a work detail. Some of the positions are full time, and others are part-time.

Several facts we consider when assigning you are as follows:

| | |
|--------------------|--------------------------|
| Institution Needs | Previous Work Experience |
| Physical Condition | General Attitude |
| Education | Security/Custody Level |
| Intelligence | Work Quotas |

Here are some of the work details and training available for you at FDC SeaTac:

Food Service - Cooks, bakers, butchers, orderlies, dishwasher, operators, clerks

Mechanical Services - Electricians, plumbers, cement finishers, masons, mechanics, welders, painters, carpenters, laborers, clerks

Warehouse - Clerks

Institution Hospital - Orderlies

Education - Librarians, clerks, orderlies

Laundry - Clerks, clothing dispensers

Sanitation - Sanitation workers

Institution Maintenance - building orderlies

Pretrial, I.C.E. Detainees, and holdovers inmates can be assigned to a work detail. However, most assignments are in the housing unit as orderlies. Additionally, a work waiver must be completed by pretrial and ICE Detainee inmates prior to being placed on a work assignment. If you quit a work assignment, you will not be considered again for any other work detail.

If you wish to change your job assignment, you must submit a written request for a job change to the your Correctional Counselor, on an Inmate Request to Staff Form, indicate what your present job assignment, and the job assignment you wish to work. The form must contain both the signature of your present Work Supervisor and the signature of the requested Work Supervisor. Usually, job changes will be made only when there is an obvious need and benefit either to the institution, to you, or both.

Performance Pay

If you are assigned to a paid work assignment, you may be awarded Performance Pay if your Work Supervisor recommends you for it.

Presently, pay rates are as follows:

Grade 4 = \$.12/hour; 3 = \$.17/hour; 2 = \$.29/hour; 1 = \$.40/hour and Maintenance Pay=\$5.25/month

Outstanding work performance can result in a bonus up to 50% of your base pay. These rates are subject to change according to Federal Bureau of Prisons Policy. You will be paid only for those hours during which your job performance is satisfactory. Each work detail has a specific number of positions allotted which are utilized to receive performance pay.

If you are having problems concerning your performance pay, you should report these problems immediately to your Work Detail Supervisor. Performance pay is ordinarily deposited in your Commissary account within 10 working days after the end of month.

For more detailed information, see Program Statement 5251.5, entitled Inmate Work and Performance Pay.

Those inmates in Financial Responsibility Program Refusal Status can earn no more than maintenance pay.

Safety

FDC SeaTac will make every effort to provide you with a safe environment while you are working at your assigned detail. Each individual worker will also be provided with the appropriate safety equipment. For your own good health and welfare, you must follow certain rules and regulations while assigned to a work detail. Failure to follow the rules listed below could result in disciplinary action.

1. It is your responsibility as an inmate worker to use the safety equipment issued to you. This safety equipment will protect you against physical injury and/or health hazards. Make sure that you are properly wearing all required personal protection equipment before you begin a work operation. Personal protection equipment includes goggles, safety shoes, aprons, arm guards, hard hats, gloves, and respirators (must be medically cleared), if applicable.
2. You must wear safety goggles when performing any grinding, chiseling, filing, chipping.
3. You must wear hearing protection at all work stations designated as high

noise level areas.

4. You must wear your issued steel-toed shoes on all work assignments.
5. You should report all safety hazards immediately to your work supervisor. Do not continue to work in any area or on any machinery or equipment that is unsafe, or improperly guarded. If your work supervisor does not agree that an unsafe condition exists, you should report it to the institution Safety Manager.
6. You will only perform work that is assigned to you. You are strictly forbidden to operate machines or equipment, or to perform any work operation, that has not been specifically assigned to you or on which you have not been trained to operate by your supervisor.
7. You are forbidden to operate equipment without using the safety guard(s) provided. You are forbidden to remove the safety guard(s).
8. Do not try to adjust, oil, clean, repair, or perform any maintenance on any machine while the machine is in motion. You must stop the machine first. You should use lock-out devices where possible.
9. You must not stand up in moving vehicles. You should sit on the seats provided. Keep any chains across the back of the vehicle in place. You must not attempt to dismount from a moving vehicle until the vehicle has stopped completely.
10. It is your responsibility as an inmate worker to exercise care, cooperation, and common sense in conducting your assigned work. Horseplay on the job will not be tolerated.
11. Use of a radio is not permitted while on your work assignment.
12. **In the event of an accident or other type of injury, you must report it to a staff member immediately.**
13. Note, there will be specific instructions posted on the unit bulletin board regarding the safe procedure for accessing the upper bunk.

Federal Tort Claim:

If negligence results in personal injury or damage to you, a claim can be pursued under the Federal Tort Claims Act. To file such a claim, you must complete a Standard Form 95, obtained from the Safety Office. All claims for damage under the Federal Tort Claims Act must be filed within two (2) years of the incident. For property related matters, you must file Form BP-A0943, Small Claims For Property Damage or Loss. These forms are available in the Law library or from unit team. You must mail the forms to the Regional Office from where the claim occurred.

On-the-Job Injuries

If you are injured while performing your assigned duty, you must immediately report this injury to your Work Supervisor. Your Work Supervisor will then report the injury to the Institution Safety Manager. You may be disqualified from eligibility for lost time wages or compensation if you fail to report a work injury to your Supervisor within forty-eight (48) hours of the injury.

If you are injured while performing your assigned duty, and are still impaired at the time of your release, you need to contact the Safety Manager not less than thirty (30) days before your release or transfer to a CCC (halfway house) in order to submit a claim for compensation. A medical evaluation must be included in your claim before any compensation can be considered.

Fire Safety

Emergency exit plans are posted in all living areas. If an emergency occurs, you are to follow staff instructions to ensure safety.

Emergency drills are held in the units quarterly, and are intended to increase inmate awareness of emergency exiting procedures. Drills will ensure everyone's safety in the event of an actual emergency.

Medical and Dental Services

Medical Services

The Health Services Unit at FDC SeaTac offers medical and dental services to the inmate population. Sick call for medical and dental services are conducted on Monday through Friday. **A written request for a sick call appointment must be completed by the inmate and dropped off in mailboxes located in the housing units marked "sick call".** Medical sick call patients are seen in the medical examination room located on each housing unit floor. Dental sick call are seen in the Dental unit on A floor. Emergencies are seen immediately upon notification.

A complete physical examination (PE), including dental screening, laboratory tests as clinically indicated, are completed on all inmates at FDC SeaTac, within fourteen days of arrival. Immunizations and HIV testing may be requested.

Inmates being released from custody may request a medical evaluation if he or she has not had one within one year prior to the expected date of release. Such an examination will be conducted within 2 months prior to release. Submission of an Inmate Request to Staff Member is given to medical staff and these physical examinations are scheduled on a weekly basis.

Female inmates receive the above PE plus gynecological tests as outlined by the American College of Obstetrics and Gynecology, (ACOG). Breast mammograms are performed on sentenced women, the 1st initial screening test being offered at age 40.

Chest x-rays are performed on all inmates as they are clinically indicated. All inmates are screened for tuberculosis annually.

Pill lines at FDC SeaTac are offered twice a day. The morning pill line starts immediately after the 6:00am, serving court line first, followed by the cadre units and continues until all units have been visited. The evening pill line starts at approximately 6:00pm. The A.M. insulin pill line is conducted in conjunction with the morning pill line and the P.M. insulin pill line is initiated immediately after the 4:00pm stand up count.

Chronic care clinics are maintained at FDC SeaTac for all inmates with life long medical problems, i.e., high blood pressure, cardiac disabilities, diabetes. A physician is in charge of these clinics and assesses these patients at least once every 180 days.

Should the need arise, when an inmate is not satisfied with any treatment they have received from a mid-level provider (MLP), they may submit an Inmate Request to Staff Member to one of the physicians for further evaluation. An inmate may also be referred to a physician by the MLP.

Inmates may draw up a living will, may prepare an advanced directive or execute a durable power of attorney for health care. If an inmate prefers a living will other than a standard form, an opportunity will be provided for a private attorney to prepare the necessary documents, at the inmate's expense. Note: living wills and advance directives are not operative within the institution. They are effective when hospitalized in the community.

FDC SeaTac is a smoke-free institution. Inmates interested in the program shall inform a health care provider who will certify approval using the nicotine replacement therapy (NRT). The inmate will take the signed approval form to the institution commissary, which will allow the inmate to purchase two weeks of NRT at a time.

Dental Services

I. Urgent Dental Care: Dental emergencies are defined as uncontrolled bleeding; debilitating pain; and severe infections. Treatment of dental emergencies is intended to provide relief of the major problem, and should not be considered complete care. Inmates that are not sentenced or designated or currently in special housing have access to urgent care only. To access urgent care, submit a request for dental care through (copout at sick call or mail it to the dentist). When you submit a cop out, it is your responsibility to watch the call out list for your appointment. If you feel you have a severe dental infection that can not wait, have the sick call nurse/PA evaluate it.

II. Routine Care: Only inmates sentenced or designated to Seatac are eligible for non-urgent care. These procedures can include: comprehensive examinations; x-rays; fillings; elective dental extractions and dental cleanings. Access to routine care must be equitable controlled and the use of a waiting list is the method used here to equally distribute and manage the care delivered.

Prosthetics (Dentures and Partial): Prosthetics (Dentures and Partial): All

urgent and routine care must be accomplished before prosthetics can be started. Policy dictates the number of teeth a person must be missing to be eligible for replacement teeth. Prosthetics will not be started for inmates who are being released in less than one year due to the time needed to complete all laboratory work.

III. Oral Hygiene and Dietary Habits: It is up to you to take care of your teeth daily if you want to keep them healthy, this includes brushing twice a day, flossing once a day and limiting sweets to mealtimes. The treating dentist may discontinue care at anytime if it becomes apparent that the patient is not practicing proper oral hygiene.

IV. Accessory Dental Care: Accessory treatment is considered elective and extends beyond the scope of routine care. The following areas of treatment are not available at this facility: crown and bridge treatment, porcelain bonding, cosmetic procedures, including tooth whitening, orthodontic treatment to include braces and retainers to move or straighten teeth, dental implants, root canals, edentulous ridge augmentation, orthognathic surgery, and temporomandibular joint (TMJ) surgery, and periodontal surgery.

Inmate CoPayment Program for Health Services provided:

Pursuant to the Federal Prisoner Health Care Copayment Act (FHCCA) of 2000 (P.L. 106-294, 18 U.S.C. § 4048), the Federal Bureau of Prisons and the Federal Detention Center SeaTac implemented effective October 3, 2005, the Inmate Copayment Program for health care.

Application: The Inmate Copayment Program applies to anyone in an institution under the Bureau's jurisdiction and anyone who has been charged with or convicted of an offense against the United States, except inmates in inpatient status at a Medical Referral Center (MRC). All inmates in outpatient status at the MRCs and inmates assigned to the General Population at these facilities are subject to copay fees. This applies to inmates in pretrial and detainees.

Health Care Visits with a Fee:

You must pay a fee of \$2.00 for health care services, charged to your Inmate Commissary Account, per health care visit, if you receive health care services in connection with a health care visit that you requested, except for services described in the section below.

These requested appointments include Sick Call and after-hours requests to see a health care provider. If you ask a non-medical staff member to contact medical staff to request a medical evaluation on your behalf for a health service not listed in the section **Health Care with No Fee**, below, you will be charged a \$2.00 copay fee for that visit.

You must pay a fee of \$2.00 for health care services, charged to your Inmate Commissary Account, per health care visit, if you are found responsible through the Disciplinary Hearing Process to have injured an inmate who, as a result of the injury, requires a health care visit.

Health Care Visits with no Fee:

We will not charge a fee for:

1. Health care services based on health care staff referrals;
2. Health Care staff-approved follow-up treatment for a chronic condition;
3. Preventive health care services;
4. Emergency services;
5. Prenatal care;
6. Diagnosis or treatment of chronic infectious diseases;
7. Mental health care; or
8. Substance abuse treatment.

If a health care provider orders or approves any of the following, we will also not charge a fee for:

- | | |
|----------------------------|------------------------|
| -Blood pressure monitoring | -Glucose monitoring; |
| -Insulin injections | -Chronic care clinics; |
| -TB testing | -Vaccinations; |
| -Wound Care, or | -Patient education. |

Your health care provider will determine if the type of appointment scheduled is subject to a copay fee.

Indigence: An **indigent inmate** is an inmate who has not had a trust fund account balance of \$6.00 for the past 30 days.

If you are considered indigent, you will not have the copay fee deducted from your Inmate Commissary Account.

If you are NOT indigent, but you do not have sufficient funds to make the copay fee on the date of the appointment, a debt will be established by TRUFACS, and the amount will be deducted as funds are deposited into your Inmate Commissary Account.

Complaints: You may seek review of issues related to health service fees through the Bureau's Administrative Remedy Program (see 28 CFR part 542).

FREQUENTLY ASKED QUESTIONS ABOUT INMATE COPAY PROGRAM

Q- What is a copay fee?

A- A copay fee is a fee charged to you when you request health care services, such as Sick Call, or after hours treatment for a condition which is not an emergency. It is similar to fees charged in the community under most health insurance plans.

Q- How much is the fee?

A- The fee charged for health care services under the Inmate Copayment

Program is \$2.00.

Q- What if I have a chronic medical problem, like heart trouble or diabetes?

A- If you have a chronic medical problem, we will not charge a fee for certain visits related to your chronic medical problem. If you request Sick Call for something not related to your chronic medical problem, such as a cold or back pain, you will be charged a copay fee.

If a health care provider orders or approves any of the following, we will not charge a fee for:

| | |
|----------------------------|-----------------------|
| -Blood pressure monitoring | -Glucose monitoring |
| -Insulin injections | -Chronic care clinics |
| -TB testing | -Vaccinations |
| -Wound Care | -Patient education |

Q- How is the payment made?

A- The copay fee will be deducted from your Inmate Commissary Account.

Q- Who determines if a visit is subject to a copay fee?

A- Health care providers (doctors, nurses, mid-level providers) determine whether a visit is subject to a copay fee and will enter that information into TRUFACS to be processed.

Q- Who decides if the copay fee is deducted from my account?

A- The TRUFACS system, managed by the Trust Fund Branch, will decide whether it is appropriate to deduct the copay fee your Inmate Commissary Account. The health care provider does NOT decide if the fee will be collected, only whether the type of visit qualifies for a copay fee. All financial transactions are completed by TRUFACS.

Q- What if I am indigent?

A- If you are considered indigent, you will not have the copay fee deducted from your Inmate Commissary Account. An indigent inmate is an inmate who has not had a trust fund account balance of \$6.00 for the past 30 days.

If you are NOT indigent, but you do not have sufficient funds to make the copay fee on the date of the appointment, a debt will be established by TRUFACS, and the amount will be deducted as funds are deposited into your Inmate Commissary Account.

The health care provider does not determine your indigent status for the purpose of the copay fee, only whether the type of visit qualifies for a copay fee. If you are indigent, TRUFACS will not deduct the copay fee.

Q- What if I am not indigent, but I spent all my money last week? Will the

doctor or the MLP refuse to see me until I get more money in my account?

A- Your appointment will take place as scheduled. The health care provider will code the visit as paid or non-paid based on the type of visit. TRUFACS will maintain the information regarding the visit, set up a debt, and apply incoming funds to satisfy the debt. You will not be denied health care based on the amount of money in your Inmate Commissary Account.

Q- What if the health care provider marked a visit as qualifying for a copay fee when it should not have qualified for a copay fee? How do I get my money back?

A- If you believe you were incorrectly charged a copay fee, address your concerns to the Health Services Administrator (HSA). He or she has the ability to informally resolve your complaint and correct the mistake if one was made. If the HSA does not satisfactorily resolve your complaint, you can use the Administrative Remedy process to address any complaints.

Q- What gives BOP the authority to collect the copay fee?

A- Public Law 106-294, the Federal Prisoner Health Care Copayment Act of 2000 (P.L. 106-294, 18 U.S.C. § 4048) requires BOP to collect copay fees.

Q- Who gets the money collected?

A- Twenty-five percent of the money collected goes to pay for administration of the Inmate Copayment Program, and seventy-five percent goes to the Crime Victims Fund.

Q- If my detail supervisor or Unit Team call Health Services to see me because I don't feel well, will I be charged a copay fee?

A- If any staff member (including the Warden or Associate Warden) other than a health care provider requests a medical evaluation on your behalf, and it is not a medical emergency, you will be charged a copay fee.

Q- If my Health care provider refers me to a specialist, will I be charged a copay fee for the specialist?

A- No. Referrals from one health care provider to another will not result in a copay fee.

Inmate Access to Medical Records

An inmate may review the following records from his Medical File (including dental records) by submitting a request to the Health Systems Administrator:

1. Report of medical history (Form 89/93);
2. Laboratory reports containing only scientific testing results;
3. Doctor's orders (Form 508)
4. Medication sheets (Form BP-Med-22).

An inmate can get personal copies of these documents through the Medical Department. Medical records giving evaluations and/or opinions of the medical

staff about an inmate's care and treatment will be provided only to a doctor assigned, in writing, by the inmate or former inmate, i.e., outpatient notes, consultation notes, narrative summaries of reports by specialists, operative reports by the physician, or inpatient progress reports.

Release of records with respect to appeals of decisions rendered under Inmate Accident Compensation are governed by 28 CFR Part 301.

Federal Detention Center SeaTac
Patient Health Care Rights and Responsibilities

While in the custody of the Federal Bureau of Prisons, you have the right to receive health care in a manner that recognizes your basic human rights, and you also accept the responsibility to respect the basic human rights of your health care providers.

RIGHTS

1. You have the right to access health care services based on the local procedures at your institution. Health services include medical, dental and all support services. If inmate co-pay system exists in your institution, Health Services cannot be denied due to lack (verified) of personal funds to pay for your care.
2. You have the right to know the name and professional status of your health care providers and to be treated with respect, consideration and dignity.
3. You have the right to address any concern regarding your health care to any member of the institution staff including the physician, the Health Services

RESPONSIBILITIES

1. You have the responsibility to comply with the health care policies of your institution, and follow recommended treatment plans established for you, by health care providers. You have the responsibility to pay an identified fee for any health care encounter initiated by yourself, excluding emergency care. You will also pay the fee for the care of any other inmate on whom you intentionally inflict bodily harm or injury.
2. You have the responsibility to treat these providers as professionals and follow their instructions to maintain and improve your overall health.
3. You have the responsibility to

Administrator, members of your Unit Team, the Associate Warden and the Warden.

4. You have the right to provide the Bureau of Prisons with Advance Directives or a Living Will that would provide the Bureau of Prisons with instructions if you are admitted as an inpatient to a hospital.

5. You have the right to be provided with information regarding your diagnosis, treatment and prognosis. This includes the right to be informed of health care outcomes that differ significantly from the anticipated outcome.

6. You have the right to obtain copies of certain releasable portions of your health record.

7. You have the right to be examined in privacy.

8. You have the right to participate in health promotion and disease prevention programs, including those providing education regarding infectious diseases.

9. You have the right to report complaints of pain to your health care provider, have your pain assessed and managed in a timely and medically acceptable manner, be provided information about pain and pain management, as well as information on the limitations and side effects of pain treatments.

10. You have the right to receive prescribed medications and treatments in a timely manner, consistent with the recommendations of the prescribing health care provider.

address your concerns in the accepted format, such as the *Inmate Request to Staff Member* form, main line, or the accepted *Inmate Grievance Procedures*.

4. You have the responsibility to provide the Bureau of Prisons with accurate information to complete this agreement.

5. You have the responsibility to keep this information confidential.

6. You have the responsibility to be familiar with the current policy and abide by such to obtain these records.

7. You have the responsibility to comply with security procedures should security be required during your examination.

8. You have the responsibility to maintain your health and not to endanger yourself, or others, by participating in activity that could result in the spreading or catching an infectious disease.

9. You have the responsibility to communicate with your health care provider honestly regarding your pain and your concerns about your pain. You also have the responsibility to adhere to the prescribed treatment plan and medical restrictions. It is your responsibility to keep your provider informed of both positive and negative changes in your condition to assure timely follow up.

10. You have the responsibility to be honest with your health care provider(s), to comply with prescribed treatments and follow

11. You have the right to be provided healthy and nutritious food. You have the right to instruction regarding a healthy diet.

12. You have the right to request a routine physical examination, as defined by Bureau of Prisons' Policy. (If you are under the age of 50, once every two years; if over the age of 50, once a year and within one year of your release).

13. You have the right to dental care as defined in Bureau of Prisons' Policy to include preventative services, emergency care and routine care.

14. You have the right to a safe, clean and healthy environment, including smoke-free living areas.

15. You have the right to refuse medical treatment in accordance with Bureau of Prisons' Policy. Refusal of certain diagnostic tests for infectious diseases can result in administrative action against you. You have the right to be counseled regarding the possible ill-effects of refusing medical treatment.

16. You have the right to complain of pain, have your pain assessed by medical staff, and have pain treated accordingly.

17. You have the right as an offender to health care and will not be denied due to lack of funds.

prescription orders. You also have the responsibility not to provide any other person your medication or other prescribed item.

11. You have the responsibility to eat healthy and not abuse or waste food or drink.

12. You have the responsibility to notify medical staff that you wish to have an examination.

13. You have the responsibility to maintain your oral hygiene and health.

14. You have the responsibility to maintain the cleanliness of personal and common areas and safety in consideration of others.

15. You have the responsibility to notify health services regarding any ill-effects that occur as a result of your refusal. You also accept the responsibility to sign the treatment refusal form.

16. You have the responsibility to be truthful and not overstate your complaint of pain and to adhere to the prescribed treatment plan.

17. You have the responsibility for co-pay if you are not indigent when seeking medical/dental care.

Sexual Assault

What Is Sexual Abuse/Assault?

According to the Federal Bureau of Prisons (BOP) Program Statement on Sexual Abuse/Assault Prevention and Intervention Programs,

- **Inmate-on Inmate Sexual Abuse/Assault** is: one or more inmates engaging in, or attempting to engage in a sexual act with another inmate or the use of threats, intimidating, inappropriate touching, or other actions

and/or communications by one or more inmates aimed at coercing and/or pressuring another inmate to engage in a sexual act.

- **Staff-on Inmate Sexual Abuse/Assault** is: engaging in, or attempting to engage in a sexual act with any inmate or the intentional touching of an inmate's genitalia, anus, groin, breast, inner thigh, or buttocks with the intent to abuse, humiliate, harass, degrade, arouse, or gratify the sexual desire of any person.

Sexual abuse/assault of inmates by staff or other inmates is an inappropriate use of power and is prohibited by BOP policy and the law.

Your Right To Be Safe From Sexual Assault.

While you are incarcerated, **no one has the right to pressure you to engage in sexual acts.** You do not have to tolerate sexual assault or pressure to engage in unwanted sexual behavior regardless of your age, size, race, or ethnicity. Whether you are straight, gay, lesbian, or bisexual, **you have the right to be safe from unwanted sexual advances and acts.**

Confidentiality. Information concerning the identity of an inmate victim reporting a sexual assault, and the facts of the report itself, shall be limited to those who have a need to know in order to make decisions concerning the inmate-victim's welfare and the law enforcement/investigation purposes.

What to do if you are assaulted. If you become a victim of a sexual assault, **you should report it immediately to staff** who will offer you immediate protection from the assailant and will refer you for a medical examination and clinical assessment. You do not have to name other inmates or the staff member to receive assistance, but specific information may make it easier for staff to help you. You will continue to receive protection from the assailant, whether or not you have identified your attacker or agree to testify against them. Even though you may want to clean up after the assault, **it is important to see medical staff BEFORE you shower, wash, drink, eat, change clothing, or use the bathroom.** Medical staff will examine you for injuries which may or may not be readily apparent to you. They can also check you for sexually transmitted diseases and gather any physical evidence of the assault. The individuals who sexually abuse or assault inmates can only be disciplined and/or prosecuted if the abuse is reported.

How to Report an Incident of Sexual Abuse/Assault. It is important that you **tell a staff member if you have been sexually assaulted.** You can tell your case manager, Chaplain, Psychologist, SIS, the Warden or any other staff member you trust. BOP staff members are instructed to keep the reported information confidential and only discuss it with appropriate officials on a need to know basis.

There are however, other means to confidentially report the assault if you are not comfortable talking to staff.

Write directly to the Warden, Regional Director or Director. You can send the Warden an Inmate Request to Staff Member (Cop-Out) or a letter reporting the sexual misconduct. You may also send a letter to the Regional Director or Director of the Bureau of Prisons. To ensure confidentiality, use special mail procedures.

File an Administrative Remedy. You can file a Request For Administrative Remedy (BP-9). If you determine your complaint is too sensitive to file with the Warden, you have the opportunity to file your Administrative Remedy directly with the Regional Director, (BP-10). You can get the forms from your Counselor or other unit staff.

Write to the Office of the Inspector General (OIG) which investigates allegations of staff misconduct:

Office of the Inspector General
P.O. Box 27606
Washington, D.C. 20530

Seek Medical Help. If you have been sexually assaulted, you must get medical attention immediately. Although it may be difficult, it is important that you **do not shower after the assault.** Showering may wash off the hair and body fluids which are critical evidence. Also, bring the clothes and underwear that you had on at the time of the assault to the medical exam with you. You will be checked for the presence of physical evidence which supports your allegation. A medical professional will perform a pelvic and/or rectal examination to obtain samples of or document the existence of physical evidence such as hair, body fluids, tears or abrasions which remain after the assault. This physical evidence is crucial in corroborating the sexual assault occurred and in identifying the assailant. The examination will be conducted privately and professionally. You should seek medical help, if you have been sexually assaulted or had sexual relations with others, to determine if you have been exposed to the HIV virus or other sexually transmitted diseases. Female offenders will be tested for pregnancy, when appropriate.

Understand the Investigative Process. Once the misconduct is reported, the BOP and/or other appropriate law enforcement agencies will conduct an investigation. The purpose of the investigation is to determine the nature and extent of the misconduct. You may be asked to give a statement during the investigation. If criminal charges are brought, you may be asked to testify during the criminal proceedings. Any inmate who alleges that he or she has been sexually assaulted shall be offered immediate protection and will be referred for medical examination.

Counseling Programs For Victims of Sexual Assault: If you have been the victim of an assault by staff or inmates, you may seek counseling and/or advice from a Psychologist or Chaplin. Crisis counseling, coping skills, suicide prevention and mental health counseling are all available to you.

Most people need help to recover from the emotional effects of sexual assault. If you are the victim of a sexual assault, whether its recent or in the past, psychology staff are available to counsel you. If you feel you need help to keep from sexually assaulting someone else, psychological services are available to help you gain control over these impulses.

About Your Safety. If you feel your right to be left alone sexually is being violated, staff are available to help you deal with this problem. You should feel free to discuss your concerns about sexual assault with any staff member. Some staff, like psychologists, are specially trained to help you deal with problems in this area. If you are in an emergency situation, approach any staff member. It is part of their job to ensure your safety. Even if you have not been assaulted or abused, but are in fear for your safety, you must report your concerns to staff. You do not have to name other inmates to receive assistance, but specific information may make it easier for staff to help you.

Avoiding Sexual Assault. Here are some things you can do to protect yourself against sexual assault:

- ◆ Carry yourself in a confident manner at all times. Do not permit your emotions (fear/anxiety) to be obvious to others.
- ◆ Do not accept gifts or favors from other inmates. Most gifts or favors from other inmates come with conditions attached to them.

- ◆ Do not accept an offer from another inmate to be your protector.
- ◆ Find a staff member with whom you feel comfortable discussing your fears and concerns.
- ◆ Be alert! Do not use contraband substances such as drugs or alcohol. These can weaken your ability to stay alert and impair your judgement.
- ◆ Be direct and firm if other inmates ask you to do something you don't want to do. Do not give mixed messages to other inmates regarding your wishes for sexual activity.
- ◆ Stay in well lit areas of the institution.
- ◆ Choose your associates wisely. Look for people who are involved in safe, positive institutional activities like educational programs, psychology groups, or religious services. Get involved in these activities yourself.
- ◆ Trust your instincts. If you sense a situation may be dangerous, it probably is.

Remember:

Sexual assault is a serious crime. The BOP will investigate all reported sexual assault incidents. If you are the victim of such an assault, **REPORT IT IMMEDIATELY.** BOP staff **WILL PROTECT YOU** from the assailant.

Staff or inmates who engage in sexual abuse or assault of inmates **will be investigated** by law enforcement authorities and if found guilty will be subject to a full range of criminal and administrative sanctions.

Any sexual act between inmates and staff (even when no objection is raised) is **ALWAYS illegal.**

Prohibited Acts: Inmates who engage in inappropriate sexual behavior with or direct it at others, can be charged with the following Prohibited Acts under the Inmate Discipline Policy.

| | |
|--------------|---|
| Code 101/(A) | Sexual Assault |
| Code 205/(A) | Engaging in a Sexual Act |
| Code 206/(A) | Making a Sexual Proposal |
| Code 221/(A) | Being in an Unauthorized Area with a Member of the Opposite Sex |
| Code 300/(A) | Indecent Exposure |
| Code 404/(A) | Using Abusive or Obscene Language |

Inappropriate Staff Conduct. The Standards of Employee Conduct prohibit employees from engaging in, or allowing another person to engage in, sexual behavior with an inmate. Sexual behavior can include, but is not limited to indecent, profane or abusive language or gestures, and inappropriate visual surveillance of inmates.

- ◆ Making sexually offensive comments or gestures, or engaging in physical conduct of a sexual nature with an inmate
- ◆ Influencing, promising or threatening an inmate's safety, custody, privacy, housing, privileges, work detail or program status in exchange for sexual favors.

It is NEVER appropriate for a staff member to make sexual advances, comments or to engage in sexual contact with an inmate. Even if the inmate wants to be involved with the staff member, the staff member is not allowed to respond. It is not appropriate for an inmate to approach a staff member sexually.

Psychology Services

Psychology staff provides a full range of psychological services on an as-

needed basis. These services include crisis intervention, suicide prevention, short-term therapy, biblio-therapy, and counseling. Group counseling is available for women with histories of physical and /or sexual abuse. The Drug Abuse Program offers Drug Education Classes, and nonresidential treatment groups for inmates with a history of substance abuse, and individual therapy. Volunteers from the community facilitate Alcoholics Anonymous and Narcotic Anonymous Meetings to the designated population. Psychological services are available to all inmates in the institution on a voluntary basis. If you think you have a need for psychological services, you may request to see a psychologist through another staff member or submit an Inmate Request to a Staff Member to the Psychology Department. Designated inmates interested in the Suicide Prevention Inmate Companion Team may submit an Inmate Request to a Staff Member to the Psychology Department. Finally, a contract psychiatrist is available, through the Health Services Department, for the purposes of psychiatric review and medication. Psychiatric consultations and referrals are generally made through the Psychology Department; however, Health Services is responsible for scheduling all psychiatry appointments.

Food Service

Food Service provides three nutritionally balanced meals daily, prepared in a clean, sanitary environment which are attractively served. The meals are prepared according to the National menu, which is a 35-Day cycle menu. Food is delivered to each housing unit three times a day from the main kitchen. Meals are served at 6:00 AM (7:00 AM weekends and holidays), 10:30 AM and upon completion of the 4:00 PM count. Weekly menus are posted on the unit bulletin board, however, menu items are subject to change without prior notice. After consuming each meal all hot and cold food trays must be returned to the food carts, please leave all left over food debris and trash on the tray.

Food Service offers a "No Flesh" and a "No Pork" tray, a protein alternative will take the place of the main entree. You may request to be placed on a "No Pork" or "No Flesh" meal by submitting a written request to the Food Service Administrator. Once your request is received, it will take approximately 72 hours to be placed on the participation list. You will be required to stay on that meal until you request in writing to the Food Service Administrator to be removed.

Food Service also has a Certified Food Component. All items are Kosher and are based on the National Certified Food menu which is a 21-Day cycle menu. This program also has a menu specified for each Federal holiday. If you are interested in participating in this program, you must notify the Chaplain. Inmates participating in the program are not authorized to consume mainline items. However, if a Medical Diet is prescribed, it will take precedence over the Certified Food Menu. Food Service is not allowed to place you on this diet or remove you without Chaplaincy approval.

If a Medical diet is indicated, the Medical Department will make the appropriate review and if appropriate they will advise the Food Service Department of any special medical diet needs. Requests and needs for special diets due to a medical condition or any food allergies, are not approved by the Food Service Department.

Religious Programs

Inmates are encouraged to maintain their religious ties. This institution extends to you the greatest amount of freedom for the opportunity to pursue individual religious beliefs and practices within the context of a secure, safe and orderly environment. Religious programming is provided in both the main chapel and in the unit program room. Refer to the Religious Services

Activities Calendar posted in each unit for the time and location of specific programs. Participants must sign up for events that are held in the main chapel. Additionally, some unit-based activities require sign-up sheets-especially those that occur when participants may be out on work details. Inmates are brought to these functions according to call outs, and those that fail to sign up will be denied participation. Sign up sheets are generally picked up on Wednesday mornings, and are then entered for the following week. Please sign up early!

The unit program rooms are primarily used for programs led by staff, contractors or volunteers. Inmates may use the program rooms for *salat* prayers, meditation, Native American drum practice or saying the rosary. These activities are not considered "inmate-led," as they do not involve "original oratory."

Inmate-only bible studies, Quranic studies, prayer meetings that involve extemporaneous (non-memorized) prayers can only be conducted under constant staff auditory and visual supervision. Write a request to the chaplain if you have questions or concerns about this policy.

Although an inmate's listed preference does not normally prohibit them from attending other religious services, it may restrict them from being able to check out some religious items or attend specific services. Inmates requiring religious headwear must have the religious preference that corresponds with their request. Muslim and Jewish inmates must have these preferences to participate in Ramadan or Passover. For work cadre inmates, you will have your religious classification designated based on your religious preference on file as provided by you during intake screening. Inmates may change their religious affiliation by submitting an Inmate Request to Staff form (cop-out) to the Religious Services Department. Frequent changing of religious preference to participate in special religious activities is prohibited. Inmates are not required to profess a religious belief.

Religious media are available from the chapel library. The easiest way to check out materials is to sign up for the chapel library time, posted in the units. Most printed material is available for one month at a time.

A Religious Diet program is available for individuals with religious dietary needs. You must contact the Chaplain for application and interview to be approved for the Religious Diet Program. This program has very specific guidelines, and it would be prudent to have a clear understanding of what requirements and prohibitions one's faith dictates in relation to food, prior to requesting participation. If an inmate wishes to participate in a ceremonial meal, a written request must be submitted to the Chaplain 60 days in advance of the date of the meal. If the inmate arrives to the institution after that time, the request must be submitted within seven calendar days of orientation.

Requests the special observances of a recognized holy day must be requested in writing to the Chaplain 30 days in advance of the holy day.

Any religious group not already authorized to practice within the Bureau of Prisons must be reviewed and approved by the Western Regional Office and Central Office.

Native American smudging is permitted in the unit recreation area. The designated time this activity is Tuesdays from 8:00 p.m. to 9:00 p.m. The Unit Officer will provide participants with a smudge kit.

Pregnant inmates are welcome to contact the religious services department for pastoral counseling. If you have any special requests or concerns, feel free

to ask, either by sending a request, or by having the unit officer contact, if the matter is urgent.

Education and Recreation

Education

Education Programs provide inmates an opportunity to improve their knowledge and skills and to use their time in a constructive manner. We believe that academic instruction, occupational training and the overall constructive use of your time are worthwhile activities that can help you make a full and productive life for yourself, if you choose to do so.

In order to provide educational services that are pertinent to your needs, the Education Department must first assess your needs. Once interest and academic abilities are determined, staff can recommend the programs that will enable inmates to reach their goal.

Admissions and Orientation:

During the Admissions and Orientation (A&O) process, an Education Representative will conduct an interview with you. The purpose of the interview is to assist inmates in the development of realistic educational and recreational goals. Inmates who are in need of a GED certificate will be required to take the Adult Basic Learning Examination (ABLE). Non-English speaking inmates will be required to take the Comprehensive Adult Student Assessment System (CASAS) Placement Examination.

In fulfilling its function as a learning center, the Education Department offers the following programs:

| | |
|-------------------------------------|---------------------------------|
| General Education Development (GED) | Advanced Occupational Education |
| English as a Second Language (ESL) | Law and leisure Libraries |
| Adult Continuing Education (ACE) | Release Preparation Program |
| Correspondence Courses | Inter-Library Loan Program |
| Parenting | |

General Education Development (GED)

General Education Development (GED) is mandatory for all designated inmates who do not have proof of a High School Diploma or GED Certificate. Upon passing the official GED Test, inmates will receive a \$25.00 incentive award. New Federal guidelines mandate that inmates who fall under VCCLEA sentencing guidelines, and who lack a High School or GED credential, participate in and make satisfactory progress towards obtaining a GED credential to vest earned Good Conduct Time (GCT). Inmates who fall under PRLA guidelines, and who lack a High School credential, must participate in and make satisfactory progress towards obtaining a GED credential in order to be eligible to earn the maximum amount of Good Conduct Time. This does apply to deportable aliens as well.

English as a Second Language (ESL)

English as a Second Language (ESL) is mandatory for designated non-English speaking inmates. The ESL program is designed to teach non-English speaking inmates the English language. Inmates will participate in the ESL program until they can pass the CASAS Examination. Upon completion of this program, inmates will receive a certificate of completion and a \$25.00 incentive award. Once these inmates have become proficient in the English language, they will be referred for testing and enrollment in the GED program.

Leisure Library

The Education Department maintains a mobile leisure book cart on all housing units to include Special Housing Unit (SHU). The carts are rotated bi-weekly. The Education Department provides a wide variety of magazines and newspapers (English and Spanish) that are distributed to the units. Hard back books will be available to cadre inmates only. Reference materials and a Career Resource Center (CRC) is maintained in the Education Department and can be accessed by submitting an Inmate Request to Staff (cop-out). The CRC is for use by cadre inmates only.

Law Library

The Law Library is contained in an electronic law database accessible via computer workstations in each unit. Most legal materials can be located by performing a search on the Electronic Law Library (ELL) database. Inmates requiring training on the use of the ELL should send a copout to the Education Technician who will schedule a time to view the ELL Training DVD. Some materials are maintained in hard copy format in the Law Library in Education. These materials include the Criminal Law Reporter, Program Statements, Institutional Supplements and other materials to aid with your legal research and document preparation. The library is only open for inmates to prepare legal documents and to utilize those materials not available on the ELL database. Law Library materials are not to be removed from the Law Library. Unauthorized possession of such material is a prohibited act and may result in disciplinary action. A basic library is also maintained in the Special Housing Unit (SHU). All inmates must adhere to the rules and procedures of the library. Designated inmates must submit an Inmate Request to Staff Member or sign up on the Law Library sign-up sheet located in the housing units to be placed on the call-out for the Law Library. Once placed on call-out, you are required to remain in the Education Department until the end of the assigned period.

Hours of Operation

| | | |
|---------------------------|----------------------------|------------------------|
| Monday - Wednesday | Thursday and Friday | Saturday |
| 7:00am - 9:30am | 7:00am - 9:30am | 1:00pm - 3:30 pm |
| 12:00pm - 2:30 pm | 12:00pm - 2:30 pm | |
| 6:00pm - 8:00pm | | Sunday/Holidays |
| | | Closed |

Recreation Programs

The Recreation staff at FDC SeaTac encourages inmates to participate in the activities and programs offered through this department. We challenge inmates to get involved and use their time constructively through leisure programming.

Goals:

The Recreation Department operates on a premise that inmates should at a minimum:

1. Participate in Recreation Programs to keep inmates constructively occupied, reduce stress, institutional tension and to reduce inmate idleness.
2. Encourage and assist inmates with adopting a healthy lifestyle through participation in physical fitness and health education.
3. Enhance the inmates' physical, emotional and social well being.

Leisure activities are designed to attract inmate participation regardless of ethnic, racial, age or gender differences or handicap considerations and to enhance the potential for post release involvement.

Leisure activities are designed to ensure that an inmate with the need has the

opportunity to complete one or more activity. "At Risk" inmates are identified during the Admissions and Orientation process.

The Recreation Department staff prepares schedules of available recreational activities year around and seasonal. The Recreation Department offers the following activities for your pleasure:

| | |
|------------------------|---------------------------------|
| Crocheting | Aerobics |
| Origami | Ping Pong and Pool |
| Hobby Craft classes | Crochet Club/Crochet Classes |
| Chess Club/Chess Class | Wellness and Nutrition Programs |
| Movies | Screen Writing Class |
| Abs Class | |

There are ten Federal holidays in which activities will be offered. During these specific holidays, we offer the following activities: special tournaments, bingo, card tournaments, pool, ping pong, basketball and volleyball tournaments.

Recreation is a privilege, not a right. This privilege may be suspended or revoked for failure to comply with the rules and regulations of conduct. Recreation facilities are available in each unit. Scheduled activities are posted on the bulletin board in all housing units. Outdoor recreation is limited by the physical structure of this facility; however, the following activities are available in the outdoor recreation yard: volleyball and basketball. Stationary bikes, treadmills and stair steppers are available inside the housing units. Recreation equipment and games issued by the Recreation Department may not be stored in inmate cells. From 9:00 PM to 9:00 AM, there should not be any pool playing, using treadmills, excessively loud talking, ball playing, or other noisy activities in the recreation yard or common areas, etc. This also includes no loud slamming of dominoes during quiet hours. No inmate is to do weightlifting or exercising on any recreational equipment, pipes, stairs, etc.

Designation Process

Once you have been sentenced, or had your community supervision revoked, a copy of your Judgement and Commitment Order, Presentence Investigation Report and any other relevant material regarding your background will be sent to the Designation and Sentence Computation Center (DSCC), Grand Prairie, Texas. A Security Designation Data form (BP-337) will be created to establish a preliminary security level for you.

This preliminary security level is determined by several factors to include: prior arrests and convictions, history of violence or escape, length of current term and the severity of instant offense. Once this information has been consolidated and your security level established, the DSCC will review those factors and designate you to an institution for service of your term. Release destination and Judicial Recommendations are also considered when designations are made. NOTE: Unit Management does not have any influence on your designation.

Once you have received an initial designation, it is the responsibility of the U.S. Marshal's Service, not the Bureau of Prisons, to arrange your transportation to your designated facility. Note, for reasons of security, staff at FDC SeaTac will not disclose to you the specific institution to which you have been designated. However, they can inform you if you have been designated. If you have been designated to serve your term of confinement at FDC SeaTac, Unit Staff will move you to one of the Work Cadre housing units within a few days provided bed space is available.

Records Office

Service of Sentence

Those who receive sentences will be designated to either FDC SeaTac or another federal institution. Where you are designated depends on several factors such as the length of your sentence and your background. Many short term sentenced inmates may remain at FDC SeaTac while others are designated to other facilities for service of their sentences. Your sentence is computed and copies are distributed to you when you reach your designated institution.

Old Sentencing versus New Sentencing Guidelines

Offenses committed prior to November 1, 1987 and prior to September 13, 1994 fall under the New Sentencing Guidelines (CCCA - Comprehensive Crime Control Act of 1984). However, the sentencing guidelines may vary for inmates who committed an offense between November 1, 1987 and January 18, 1988, depending upon the sentencing district under which the individual was sentenced.

Offenses committed on or after September 13, 1994 and prior to April 26, 1996 fall under the Violent Crime Control and Law Enforcement Act (VCCLEA).

Offenses committed on or after April 26, 1996 fall under the Prison Litigation Reform Act (PLRA).

Any question or concerns regarding your sentence computation should be addressed to the Records Office or your Case Manager via an "Inmate Request to Staff Member".

Escapes

Escapes can result in a fine up to \$5,000.00 and/or up to five (5) year imprisonment.

Detainers

Warrants (or certified copies of Warrants, Information or Complaints) based on pending charges, overlapping, consecutive, or unsatisfied sentences in federal, state, or military jurisdictions will be accepted as detainers. Detainers and pending charges can have an effect on your institutional programs. Therefore, it is very important that you, as the inmate, initiate effort to clear up any pending charges or obligations.

According to Bureau of Prisons policy, the Case Management staff may give assistance to offenders in their efforts to have detainers against them disposed of, either by having the charges dropped, by restoration to probation or parole status, or by arrangement for concurrent service of the state sentence. The degree to which the staff can assist in such matters as these will depend on individual circumstances.

State detainers may be quickly processed under the procedures of the "Interstate Agreement on Detainers" (IAD). A detainer must be lodged with the institution. If no detainer is actually lodged at the institution, but you know of pending charges, be sure that you contact the court and District Attorney. Note, IAD's can only be filed on untried indictments.

The Correctional Systems Department should be contacted on any questions regarding the "Interstate Agreement on Detainers" or any other type of detainer.

Sentence Computations:

Sentence Computations for inmates designated to FDC SeaTac or elsewhere are no longer calculated at the local institutions. The Designation & Sentence Computation Center (often called Grand Prairie) is responsible for the completion of all inmate sentences bureau-wide.

New inmates can review their sentence computation as soon as it has been certified by the Designation & computation Center. Any questions about good time, jail time, parole eligibility, length of sentence, full term dates, release dates, 180 day dates and periods of supervision, should be addressed to the Case Management Coordinator through your assigned Case Manager.

Release Transportation

For designated (Cadre) inmates being released from FDC SeaTac, going directly home, the institution will normally pay for transportation to the destination city. However, in cases where the inmate chooses a different mode of travel than arranged by the institution, the inmate shall bear the total expense. Inmates being picked up at the institution by private auto should provide a letter of intent to the Unit Secretary. You will be allowed to depart the institution after 10:00 AM.

Inmates being transferred to Residential Reentry Centers (RRC) will be released at a time arranged by the institution. The mode of travel will be determined by the expense and travel time. The institution will arrange for the most economical means.

For Pretrial inmates ordered released or on bond, it is not the responsibility of the Bureau of Prison's to provide you with release transportation. For holdover inmates, the Bureau of Prison's will provide transportation to your release destination only by the cheapest means possible. It is the responsibility of the U.S. Immigration and Naturalization Service to provide transportation to those I.N.S. Detainees ordered released.

Weekend Releases

Release when sentence ends on Saturday, Sunday, or a holiday: The Warden has the authority to release the inmate on the preceding work day when the sentence ends on a Saturday, Sunday, or holiday.

For more detailed information, see the following Program Statements in the Law Library:

P.S. 5130.1, Detainers, Interstate Agreement
P.S. 5130.3, Detainers
P.S. 5875.8, Transfer of Inmates to State Agents For Production on State Writs.
P.S. 5880.20, Sentence Computation Manual

Administrative Resolutions of Problems

Contact with the Warden

Ordinarily, most issues can and should be resolved with the individual staff member responsible for the program area in which you have a concern. Before you take an issue to the Warden you should attempt to resolve the problem within the chain of command. If you feel the Warden can resolve the issue, and other staff have not been able to do so, you may send a request to the Warden in care of the Warden's office. You may also speak directly with the Warden as the Warden makes rounds of the housing units. Additionally, you may also seek the assistance from one of the Associate Wardens when they make rounds of the

housing units.

Administrative Remedy of Complaints

You are encouraged to address concerns and resolve problems on an informal basis. Staff are available to ensure personal attention to your needs and concerns. If an inmate cannot resolve a problem informally by contact with staff members, or "cop-outs," a formal complaint can be filed (Administrative Remedy). Note: you must attempt informal resolution through your Correctional Counselor before you file an Administrative Remedy. However, Informal Resolution is not required for appeals on UDC or DHO hearing. Additionally, complaints regarding Tort Claims, Inmate Accident Compensation, Freedom of Information or Privacy Act Requests, and complaints on behalf of other inmates are not accepted under the Administrative Remedy Procedure.

The Administrative Remedy will not be accepted without the informal resolution form. To file an Administrative Remedy, you must request a form BP-229 (BP-9) from your Correctional Counselor and write the complaint in the space provided. If more space is needed to explain your complaint, an (8.5 X 11) continuation page can be attached. The Request For Administrative Remedy should indicate what relief is requested. The completed BP-9 form should be returned to the Counselor who will deliver it, along with the proposed informal resolution, to the Administrative Remedy Coordinator. You can also send BP-9's directly to the Administrative Remedy Coordinator

In writing a BP-9, BP-10 or BP-11, the form should be written in three sections: a statement of facts, the grounds for relief, and the relief requested. The statement of facts should be brief and concise. You must give a complete and accurate account of the facts and events leading up to the incident in order to get a meaningful answer (support your claims with evidence). Begin your Remedy request in Part A, and the use of additional 8 ½ x 11 continuation pages is appropriate. It is important to list the names of all witnesses that can verify your claims, both staff and inmates. You should state the reasons that you feel relief should be granted. Program Statements, FDC SeaTac Institution Supplements, United States Code, and other legal reference materials are available in the Law Library to help you determine grounds for relief. The final portion of your BP-9 is your specific request for relief. You must state exactly what you want done about your problem.

Sensitive Complaints

If an inmate believes his complaint is of a sensitive nature and that he/she would be adversely affected if the complaint became known at the institution, he/she may file the complaint directly to the Regional Director. The inmate must explain in writing the reason for not filing the complaint with the institution. If the Regional Director agrees that the complaint is sensitive, he shall accept and respond to the complaint. If the Regional Director does not agree that the complaint is sensitive, he shall advise the inmate in writing of that determination. If the complaint is not determined to be sensitive, it will not be returned. The inmate may then pursue the matter by filing a BP-9 at the institution. For additional information, see the following Program Statement and Institution Supplement.

P.S. 1330.16 Administrative Remedy Procedure For Inmates
I.S. 1330.13F Administrative Remedy Procedure For Inmates

Inmate Information and Records Access

Privacy Act of 1974

The Privacy Act of 1974 forbids the release of information from agency records without a written request by, or without prior written consent of, the individual to whom the record pertains, except in specific instances. Such specific instances are requested from employees of the Department of Justice, Law Enforcement Agencies, Freedom of Information Act Releases, Congress, Court Orders, etc.

Freedom of Information Act Request

The Privacy Act of 1974 provides only for an individual's access to his own records.

All formal request by people for access to records about another person or any agency record other than those pertaining to themselves (including Program Statements and Operation Memoranda) shall be processed in accordance with the Freedom of Information Act, 5 USC 552.

Retention of Sentencing Documents

Changes in Program Statement 1351.05, Release of Information, prohibit inmates from obtaining and possessing photocopies of their Pre-sentence Report (PSR), Statement of Reasons (SOR) or other equivalent non-U.S. Code sentencing documents. This prohibition does not apply to inmates in Bureau of Prisons custody with a need to review their PSRs prior to sentencing. For example, a pretrial inmate scheduled for sentencing may possess and review the PSR in preparation for sentencing. After sentencing, however, the inmate is prohibited from retaining a copy of the PSR. Any inmate in possession of such a document after sentencing must surrender their copy to Unit Management. Failure to comply will result in disciplinary action.

Inmate Access to Central Files

An inmate may at any time request to review all "disclosable portions" of their Central file by submitting a request to his Unit Team. Staff will acknowledge the request and schedule the inmate, as promptly as possible, for a review of their file.

Staff will tell the inmate if there are documents withheld from disclosure and if the inmate expresses an interest in these documents placed in the Privacy File, the inmate shall be told of his right to make a formal request for the document under paragraph 8 of the Program Statement 5800.

An inmate's file is divided into two general sections. All information in the Central File sections are disclosable to you. The Freedom of Information Exempt sections contain information that is not disclosable to you by institution staff. You may request disclosure through the Director of the Bureau of Prisons, 320 First Street, N.W., Washington D.C. 20534

An inmate may request personal copies of Central File documents. Institution staff will arrange for copies of disclosable materials and summaries. Fees are charged in accordance with 28 CFR 16.46. Fees collected will be forwarded to the Office of General Counsel.

Inmate Access to Medical Records

An inmate may review the following records from his Medical File (including dental records) by submitting a request to the Health Systems Administrator:

1. Report of medical history (Form 89/93);

2. Laboratory reports containing only scientific testing results;
3. Doctor's orders (Form 508)
4. Medication sheets (Form BP-Med-22).

An inmate can get personal copies of these documents through the Medical Department. Medical records giving evaluations and/or opinions of the medical staff about an inmate's care and treatment will be provided only to a doctor assigned, in writing, by the inmate or former inmate, i.e., outpatient notes, consultation notes, narrative summaries of reports by specialists, operative reports by the physician, or inpatient progress reports.

Release of records with respect to appeals of decisions rendered under Inmate Accident Compensation are governed by 28 CFR Part 301.

Inmate Access to Other Documents

An inmate can request access to the "Non-Disclosable Documents" in his Central File and Medical File, or other documents concerning himself that are not in his Central File or Medical File by submitting a "Freedom of Information Act Request" to:

Director, Bureau of Prisons
320 First Street, N.W.
Washington, D.C. 20534

You must briefly describe the nature of records wanted and approximate dates covered by the record. You must also provide your institution number and date of birth for identification procedures.

A request on behalf of an inmate by an attorney for records concerning that inmate will be treated as a Privacy Act request, if the attorney has forwarded an inmate's written consent to disclose materials.

If a document is deemed to contain information exempt from disclosure, any reasonable part of the record will be provided to the attorney after deletion of the exempt portions.

For more detailed information, see the following Policy Statements:

| | |
|--------------|---|
| P.S. 1351.05 | Release of Information |
| P.S. 5800.11 | Inmate Central File, Privacy Folder and Parole Commission Files |

Frequently Asked Questions (FAQ's)

- Q- When will I receive my release date or a copy of my Sentence Computation?
A- A copy of your Sentence Computation can be obtained at your designated institution from the Correctional Systems Department as soon as it is prepared and audited from the Designation and Classification Center (DSCC), usually within 30 days of your arrival.
- Q- Can I have a visit?
A- Yes, if you are a Designated(Cadre), Pretrial, holdover, or I.N.S. Detainee, but only after the visitor has been checked and cleared to enter the institution. This can take up to a few weeks depending on the situation. It should be further noted that Pretrial inmates and hold-over can only receive social visits with immediate family members.
- Q- Where am I designated?
A- For reasons of security, staff at FDC SeaTac will not disclose to an inmate the specific institution he/she has been designated. However, the

can inform an inmate if they have been designated. Those inmates designated to FDC SeaTac will be moved to one of the Cadre housing units within a few days from the date the designation was made.

Q- When will my money and/or property be transferred from my previous institution/county jail?

A- If you are transferring from another Federal facility, your property will normally be sent within one week from the date of your departure from that facility. R&D staff will issue your property within 48 hours of receipt. If you were transferred to this facility from another custodial jurisdiction (i.e., county jail), the BOP does not have any control over the transfer of your funds and/or property.

Q- What can I do if my property and/or money has not been transferred to this institution?

A- Normally, you should first wait for at least 10 working days (2 weeks) before making any requests. If by that time your property or funds have not been received at FDC SeaTac, you should contact your Unit Team by means of a "Cop-Out", or write a letter to the facility you were confined at in an effort to have those items sent to this facility.

Q- What is the definition of indigent?

A- There is no absolute definition used by the BOP to determine indigence. Your Unit Manager determines which inmates can be viewed as indigent on a case by case basis. Ordinarily, any inmate averaging less than \$6.00 on his account over a 30 day period can be viewed as indigent.

Q- How long does it take for a domestic check to clear?

A- Domestic checks will be placed on hold for 15 calendar days. The check will clear and be available of the 16th calendar day.

Q- How do I get a phone number added to my list, and how long will it take until I can use the number?

A- Even if you do not use the computers for email purposes, you must enter the phone number information into your Trufone account via the computer in order to be able to call your numbers. There is not cost to the inmates to enter the phone numbers into the Trufone system.

Q- When can I get a job?

A- For Cadre inmates, you must first complete the Institution A&O program. You will attend the A&O program within the first 30 days of your designation to the facility. You must also be medically cleared before you can work.

Q- How can I get a gate pass?

A- If appropriate, gate passes will only be authorized for Work Cadre inmates whose work detail assignment requires the use of a gate pass. Furthermore, a gate pass will only be authorized to those inmates who qualify.

Q- When will my custody or security level drop?

A- In some cases, a designated inmate's security or custody level will never drop. Your Unit Team will review your security and custody level normally after you have been designated to FDC SeaTac for 6 months or during your program review. All other inmates, pretrial, I.C.E. Detainees and holdovers, will remain with IN custody level.

Rights and Responsibilities

THE DISCIPLINARY SYSTEM

TYPES OF DISCIPLINARY ACTION

PROHIBITED ACTS AND DISCIPLINARY SEVERITY SCALE

SANCTIONS BY SEVERITY OF PROHIBITED ACT

Inmate Rights and Responsibilities §541.12

| <u>RIGHTS</u> | <u>RESPONSIBILITIES</u> |
|---|--|
| 1. You have the right to expect that as a human being you will be treated respectfully, impartially, and fairly by all personnel. | 1. You have the responsibility to treat others, both employees and inmates, in the same manner. |
| 2. You have the right to be informed of the rules, procedures, and schedules concerning the operation of the institution. | 2. You have the responsibility to know and abide by them. |
| 3. You have the right to freedom of religious affiliation, and voluntary religious worship. | 3. You have the responsibility to recognize and respect the rights of others in this regard. |
| 4. You have the right to health care, which includes nutritious meals, proper bedding and clothing, and a laundry schedule for cleanliness of the same, an opportunity to shower regularly, proper ventilation for warmth and fresh air, a regular exercise period, toilet articles and medical and dental treatment. | 4. It is your responsibility not to waste food, to follow the laundry and shower schedule, maintain neat and clean living quarters, to keep your area free of contraband and to seek medical and dental care as you may need it. |
| 5. You have the right to visit and correspond with family members, and friends, and correspond with members of the news media in Keeping with Bureau rules and institution guidelines. | 5. It is your responsibility to conduct yourself properly during visits, not to accept or pass contraband, and not to violate the law or Bureau rules or institution guidelines through your Correspondence. |
| 6. You have the right to unrestricted and confidential access to the courts by correspondence (on matters such as the legality of your conviction, civil matters, pending criminal cases, and conditions of your | 6. You have the responsibility to present honestly and fairly your petitions, questions, and problems to the court. |

imprisonment.)

7. You have the right to legal counsel from an attorney of your choice by interviews and correspondence.

7. It is your responsibility to use the services of an attorney honestly and fairly.]

RIGHTS

8. You have the right to participate in the use of law library reference materials to assist you in resolving legal problems. You also have the right to receive help when it is available through a legal assistance program.

9. You have the right to a wide range of reading materials for materials for educational purposes and for your own enjoyment. These materials may include magazines and newspapers sent from the community, with certain restrictions.

10. You have the right to participate in education, vocational training and employment as far as resources are available, and in keeping with your interests, needs, and abilities.

11. You have the right to use your funds for commissary and other purchases, consistent with institution security and good order, for opening bank and/or savings accounts, and for assisting your family.

RESPONSIBILITIES

8. It is your responsibility to use these resources in keeping with the procedures and schedule prescribed and to respect the rights of other inmates to the use of the materials and assistance.

9. It is your responsibility to seek and utilize such materials for your personal benefit, without depriving others of their equal rights to the use of this material.

10. You have the responsibility to take advantage of activities which may help you live a successful and law-abiding life within the institution and in the community. You will be expected to abide by the regulations governing the use of such activities.

11. You have the responsibility to meet your financial and legal obligations, including, but not limited to, court-imposed assessments, fines, and restitution. You also have the responsibility to make use of your funds in a manner consistent with your release plans, your family needs, and for other obligations that you may have.]

Inmate Discipline

It is the intent of this institution to provide a safe and orderly environment for all inmates. Staff shall control inmate behavior in a completely impartial and consistent manner.

Living in a confined area with a large number of people is extremely difficult. In recognition of these difficulties, it is necessary to limit an individual's personal freedom with rules and regulations for the benefit of the majority. Therefore, regulations must be enforced to ensure cooperation from those who refuse to respect the rights of others. A copy of your Rights and Responsibilities and Prohibited Acts and Disciplinary Severity Scale (PS 5270.7, Chapter 1) is attached. It is your responsibility to read and comply with these regulations.

All staff will enforce the rules and regulations of the institution. In order to do this, they will give orders from time to time. As an inmate, you are expected to carry out all orders from staff. You must comply with the order unless doing so would jeopardize your physical safety, "Life or Limb". After complying with an order, if you feel it was inappropriate or inhumane you may discuss it with your Unit Staff, or request an Administrative Remedy Form from your Correctional Counselor.

The Disciplinary Process

Included in this A & O booklet is information on Inmate Discipline. There are four categories of prohibited acts: Greatest Severity, High Severity, Moderate Severity, and Low Severity. In the event you are charged with a violation of one of the prohibited acts, several things can occur. The staff member involved may resolve the problem informally by some mutual agreement or the staff member may elect to write an incident report in lieu of the informal resolution. Depending on the seriousness of the offense, you may be permitted to remain on your housing unit, or you may be placed in Administrative Detention. A Correctional Supervisor will be assigned to investigate the incident and you will be given a copy of the report. The Investigating Officer may elect to resolve the matter informally or refer the report to the Unit Discipline Committee (UDC).

Inmates identified as PLRA or rated as violent under VCCLEA and alleged to have committed a Greatest or High category prohibited act will be referred to the Disciplinary Hearing Officer (DHO) for disposition and possible sanction. If the DHO finds you committed the prohibited act, he/she will be required to disallow Good Conduct Time.

The Unit Disciplinary Committee (UDC) will consist of at least two staff members from a Unit Team. At this hearing, the UDC may impose one or several of the minor sanctions or may refer the charges to the Discipline Hearing Officer (DHO).

If the incident report is referred by the UDC, the DHO will hold another hearing. Only the DHO may forfeit or withhold Statutory Good Time, forfeit or disallow Good Conduct Time, place you in Disciplinary Segregation, recommend a Disciplinary Transfer to another institution, recommend the rescission or retardation of a parole date, in addition to imposing minor sanctions as well. You have the right to appeal the actions of both the UDC and the DHO through the Administrative Remedy Procedure; The UDC by a BP-09 and the DHO by a BP-10.

Social Visiting, Recreation, and Commissary are privileges and may be suspended or revoked for conduct in violation of the written policy. You may also be prosecuted for actions which constitute new criminal activity. This practice is not "Double Jeopardy." One action is classified administrative for institutional operations, while the other is judicial and punitive actions for criminal accountability.

For pretrial inmates who have been found to have committed prohibited acts by the DHO, the unit team will be required to send that information to the Assistant U.S. Attorney's Office and the U.S. Probation Office to be included into your Presentence Report which can affect your sentencing and designation.

Prohibited Acts and Disciplinary Severity Scale

PROHIBITED ACTS AND DISCIPLINARY SCALE §541.13.

a. There are four categories of prohibited acts - Greatest, High, Moderate, and Low Moderate (see Table 3 for identification of the prohibited acts within each category). Specific sanctions are authorized for each category (see Table 4 for a discussion of each sanction). Imposition of a sanction requires that the inmate first is found to have committed prohibited act.

[(1) Greatest category offenses: The Discipline Hearing Office shall impose and execute one or more of sanctions A through G. The DHO may also suspend one or more additional sanctions A through G. The DHO may impose and execute sanction F and/or G only in addition to execution of one or more of sanctions A through E.

(2) High category offenses: The Discipline Hearing Officer shall impose and execute one or more of sanctions A through M, and may also suspend one or more additional sanctions A through M. The Unit Discipline Committee shall impose and execute one or more of sanctions G through M, and may also suspend one or more additional sanctions G through M.

(3) Moderate category offenses: The Discipline Hearing Officer shall impose at least one sanction A through N, but may suspend any sanction or sanctions imposed. The Unit Discipline Committee shall impose at least one sanction G through N, but may suspend any sanction or sanctions imposed.

(4) Low moderate category offenses: The Discipline Hearing Officer shall impose at least one sanction B.1, or E through P. The Discipline Hearing Officer may suspend any E through P sanction or sanctions imposed (a B.1 sanction may not be suspended). The Unit Discipline Committee shall impose at least one sanction G through P, but may suspend any sanction or sanctions imposed.

b. Aiding another person to commit any of these offenses, attempting to commit any of these offenses, and making plans to commit any of these offenses, in all categories of severity, shall be considered the same as a commission of the offense itself. In these cases, the letter "A" is combined with the offense code. For example, planning an escape would be considered as Escape and coded 102A. Likewise, attempting the adulteration of any food or drink would be coded 209A.

c. Suspensions of any sanction cannot exceed six months. Revocation and execution of a suspended sanction require that the inmate first is found to have committed any subsequent prohibited act. Only the Discipline Hearing Officer (DHO) may execute, suspend, or revoke and execute suspension of sanctions A through F. The Discipline Hearing Officer (DHO) or Unit Discipline Committee (UDC) may execute, suspend, or revoke and execute suspensions of sanctions G through P. Revocations and execution of suspensions may be made only at the level (DHO or UDC) which originally were earlier imposed by the Inmate Discipline Committee 5270.7 imposed the sanction. The DHO now has that authority for suspensions which were earlier imposed by the Inmate Disciplinary Committee (IDC).]

When an inmate receives an Incident Report while on a DHO imposed, but suspended sanction, the new Incident Report is to be forwarded by the UDC to the DHO both for a final disposition on the new Incident Report, and for a disposition on the suspended sanction. This procedure is not necessary when the UDC informally resolves the new Incident Report.

[d. If the Unit Discipline Committee has previously imposed a suspended sanction and subsequently refers a case to the Discipline Hearing Officer, the referral shall include an advisement to the DHO of any intent to revoke that suspension if the DHO finds that the prohibited act was committed. If the DHO then finds that the prohibited act was committed, the DHO shall so advise the Unit Discipline Committee who may then revoke the previous suspension.

e. The Unit Discipline Committee or Discipline Hearing Officer may impose increased sanctions for repeated, frequent offenses according to the guidelines presented in Table 5.]

[f. Sanctions by severity of prohibited act, with eligibility for restoration of forfeited and withheld statutory good time are presented in Table 6.]

Table 6 contains a chart showing the maximum amount of statutory good time that may be forfeited or withheld and the period of time that must pass before an inmate is eligible for restoration. The chart also shows the maximum amount of time that an inmate may spend in disciplinary segregation. The time frame established in each of these areas is determined by the severity of the prohibited act.

Unless otherwise specified, any UDC/DHO sanctions will begin immediately following the conclusion of the discipline hearing. If you transferred from an institution with a sanction in effect, it will carry over to this facility. If you have any questions when it ends, contact your unit team and they can provide you with the ending date of the restriction.

Loss of commissary restriction limits inmates' spending to \$35 per month for basic hygiene and stamps only.

TABLE 3 - Prohibited Acts and Disciplinary Severity Scale

GREATEST CATEGORY

The UDC shall refer all Greatest Severity Prohibited Acts to the DHO with recommendations as to an appropriate disposition.

| CODE | PROHIBITED ACTS | SANCTIONS |
|------|---|---|
| 100 | Killing | A. Recommend parole date rescission or retardation |
| 101 | Assaulting any person (includes sexual assault) or an armed assault on the institution's secure perimeter (a charge for assaulting any person at this level is to be used only when serious physical injury has been attempted or carried out by an inmate) | B. Forfeit earned statutory good time (up to 100%) and/or terminate or disallow extra good time (an extra good time may not be suspended) |
| *102 | Escape from escort; escape from a secure institution (low, medium, high and administrative type institutions); or escape from a minimum security level institution <u>with</u> violence | B1. Disallow ordinarily between 50 and 75% (27-41 days) of good conduct time credit available for year (a good time sanction may not be suspended)* C. Disciplinary Transfer (recommend) |
| 103 | Setting a fire (charged with this act in this category only when found to pose a threat to life or a threat of serious bodily harm or in furtherance prohibited act of Greatest Severity, e.g., in furtherance of a riot or escape; otherwise the charge is properly classified Code 218, or 329) | D. Disciplinary segregation (up to 60 days) E. Make monetary of a restitution F. Withhold statutory good time (Note - can be in addition to A through E - cannot be the only sanction executed) |
| 104 | Possession, manufacture, or introduction of a gun, firearm, weapon, sharpened instrument, knife, dangerous chemical, explosive or any ammunition | G. Loss of privileges (Note - can be in addition to A through E - cannot be the only sanction executed)] |
| 105 | Rioting | |
| 106 | Encouraging others to riot | |
| 107 | Taking hostage(s) | |
| 108 | Possession, manufacture, or introduction of a hazardous tool (Tools most likely to be used in an escape or escape attempt or to serve as weapons capable of doing serious bodily harm to others; or those hazardous to institutional security or personal safety; e.g., hack-saw blade) | Sanctions A-G |
| 110 | Refusing to provide a urine sample or to take part in other drug-abuse testing | |

| | | |
|-----|--|---------------|
| 111 | Introduction of any narcotics, marijuana, drugs, or related paraphernalia not prescribed for the individual by the medical staff | Sanctions A-G |
| 112 | Use of any narcotics, marijuana, drugs, or related paraphernalia not prescribed for the individual by the medical staff | |
| 113 | Possession of any narcotics, marijuana, drugs, or related paraphernalia not prescribed for the individual by the medical staff | |
| 197 | Use of the telephone to further criminal activity. | |
| 198 | Interfering with a staff member in the performance of duties. (<u>Conduct must be of the Greatest Severity nature.</u>) This charge is to be used only when another charge of greatest severity is not applicable | |
| 199 | Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons. (<u>Conduct must be of the Greatest Severity nature.</u>) This charge is to be used only when another charge of greatest severity is not applicable.] | |

HIGH CATEGORY

| | | |
|------|---|--|
| *200 | Escape from unescorted Community Programs and activities and Open Institutions (minimum secure level) and from outside institutions-- <u>without</u> violence * | A. Recommend parole date rescission or retardation |
| 201 | Fighting with another person | B. Forfeit earned statutory good time up to 50% or up to 60 days, whichever is less, and/or terminate or disallow extra good time (an extra good time sanction may not be suspended) |
| 203 | Threatening another with bodily harm or any other offense | B1. Disallow ordinarily between 25 and 50% (14-27 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended) |
| 204 | Extortion, blackmail, protection: Demanding or receiving money or anything of value in return for protection against others, to avoid bodily harm, or under threat of informing | C. Disciplinary Transfer (recommend) |
| 205 | Engaging in sexual acts | D. Disciplinary segregation (up to 30 days) |
| 206 | Making sexual proposals or threats to another | E. Make monetary restitution |
| 207 | Wearing a disguise or a mask | F. Withhold statutory good time |

| | | |
|-----|--|--|
| 208 | Possession of any unauthorized locking device, or lock pick or tampering with or blocking any lock device (includes keys), or destroying, altering, interfering with, improperly using, or damaging any security device, mechanism, or procedure | G. Loss of privileges: commissary, movies, recreation, etc. H. Change housing (quarters) I. Remove from program and/or group activity J. Loss of job K. Impound inmate's personal property L. Confiscate contraband M. Restrict to quarters] |
| 209 | Adulteration of any food or drink | |
| 211 | Possessing any officer's or staff clothing | |
| 212 | Engaging in, or encouraging a group demonstration | |
| 213 | Encouraging others to refuse to work, or to participate in a work stoppage | |
| 215 | Introduction of alcohol into BOP facility | |
| 216 | Giving or offering an official or staff member a bribe, or anything of value | Sanctions A-M |
| 217 | Giving money to, or receiving money from, any person for purposes of introducing contraband or for any other illegal or prohibited purposes | |
| 218 | Destroying, altering, or damaging government property, or the property of another person, having a value in excess of \$100.00 or destroying, altering, or damaging life-safety devices (e.g., fire alarm) regardless of financial value | |
| 219 | Stealing (theft; this includes data obtained through the unauthorized use of a communications facility, or through the unauthorized access to disks, tapes, or computer printouts or other automated equipment on which data is stored.) | |
| 220 | Demonstrating, practicing, or using martial arts, boxing (except for use of a punching bag), wrestling, or other forms of physical encounter, or military exercise or drill] | |
| 221 | Being in an unauthorized area with a person of the opposite sex without staff permission | Sanction A-M |
| 222 | Making, possessing, or using intoxicants | |
| 223 | Refusing to breathe into a | |

Breathalyzer or take part in
other testing for use of
alcohol

224 Assaulting any person (charged
with this act only when a less
serious physical injury or
contact has been attempted or
carried out by an inmate) Sanction A-M

297 Use of the telephone for abuses
other than criminal activity (e.g.,
circumventing telephone monitoring
procedures, possession and/or use
of another inmate's PIN number;
third party calling; third party
billing; using credit card numbers
to place telephone calls; conference
calls; talking in code).

298 Interfering with a staff
member in the performance
of duties. (Conduct must
be of the High Severity
nature.) This charge is to
be used only when another
charge of high severity is
not applicable.

299 Conduct which disrupts
or interferes with the
security or orderly
running of the institution
or the Bureau of Prisons.
(Conduct must be of the
High Severity nature.)
This charge is to be used
only when another charge of
high severity is not
applicable.

MODERATE CATEGORY

| | | | |
|-----|--|-----|--|
| 300 | Indecent exposure | A. | Recommend parole date rescission or retardation |
| | | B. | Forfeit earned statutory good time up to 25% or up to 30 days which is less, and/or terminate or disallow extra good time (an extra good time sanctions may not be suspended)* |
| 302 | Misuse of authorized medication | | |
| 303 | Possession of money or currency, unless specifically authorized, amount or in excess of the amount authorized | | |
| | | B.1 | Disallow ordinarily up to 25% (1-14 days) of good conduct time credit is available for (a good conduct time sanction may not be suspended)* |
| 304 | Loaning of property or of value for profit or increased return | | |
| 305 | Possession of anything not authorized for retention or receipt by the inmate, and not issued to him through regular channels | C. | Disciplinary transfer (recommend) |
| | | D. | Disciplinary segregation (up to 15 days) |
| 306 | Refusing to work, or to accept a program assignment | E. | Make monetary restitution |
| 307 | Refusing to obey an order | F. | Withhold statutory good time |

| | | |
|-----|--|---|
| | of any staff member (May be categorized and charged in terms of greater severity, according to the nature of the order being disobeyed; e.g., failure to obey an order which furthers a riot would be charged as 105, Rioting; refusing to obey an order which furthers a fight would be charged as 201, Fighting; refusing to provide a urine sample when ordered would be charged as Code 110) | |
| 308 | Violating a condition of a furlough | G. Loss of privileges: commissary, movies, recreation, etc. |
| 309 | Violating a condition of a community program | H. Change housing (quarters) |
| 310 | Unexcused absence from work or any assignment | I. Remove from program and/or group activity |
| 311 | Failing to perform work as instructed by the supervisor | J. Loss of job |
| 312 | Insolence towards a staff member | K. Impound inmate's personal property |
| 313 | Lying or providing a false statement to a staff member. | L. Confiscate contraband |
| 314 | Counterfeiting, forging or unauthorized reproduction of any document, article of identification, money, security, or official paper, (May be categorized in terms of greater severity according to the nature of the item being reproduced; e.g., counterfeiting release papers to effect escape, Code 102 or Code 200) | M. Restrict to quarters |
| 315 | Participating in an unauthorized meeting or gathering | N. Extra duty |
| 316 | Being in an unauthorized area | |
| 317 | Failure to follow safety or sanitation regulations | Sanctions A-N |
| 318 | Using any equipment or machinery which is not specifically authorized | |
| 319 | Using any equipment or machinery contrary to instructions or posted safety standards | |
| 320 | Failing to stand count | Sanctions A-N |
| 321 | Interfering with the taking of count | |
| 324 | Gambling | |

- 325 Preparing or conducting a gambling pool
- 326 Possession of gambling paraphernalia
- 327 Unauthorized contacts with the public
- 328 Giving money or anything of value to, or accepting money or anything of value from: another inmate, or any other person without staff authorization
- 329 Destroying, altering or damaging government property, or the property of another person, having a value of \$100.00 or less
- 330 Being unsanitary or untidy; failing to keep one's person and one's quarters in accordance with posted standards
- 331 Possession, manufacture, or introduction of a non-hazardous tool or other non-hazardous contraband (Tool not likely to be used in an escape or escape attempt, or to serve as a weapon capable of doing serious bodily harm to others, or not hazardous to institutional security or personal safety; Other non-hazardous contraband includes such items as food or cosmetics)
- 332 Smoking where prohibited
- 397 Use of telephone for abuses other than criminal activity (e.g., conference calling, possession and/or use of another inmates PIN number, three way calling, providing false information for preparation of a telephone list).
- 398 Interfering with a staff member in the performance of duties. (Conduct must be of the Moderate Severity nature.) This charge is to be used only when another charge of moderate severity is not applicable.
- 399 Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons. (Conduct must be of the Moderate Severity nature.) This charge is to be used only when another charge of moderate severity is not applicable.

LOW MODERATE CATEGORY

| | | | |
|-----|---|---------------------|---|
| 400 | Possession of property to another Person | *B.1 | Disallow ordinarily up to 12.5% (1-7 days) of good conduct time credit available for year (to be used only where inmate found to have committed a second violation of the same prohibited act within 6 months); Disallow ordinarily up to 25% (1-14 days) of good conduct time credit available for year (to be used only where inmate found to have committed a third violation of the same prohibited act within 6 months) (a good conduct time sanction may not be suspended)* |
| 401 | Possessing unauthorized amount of otherwise authorized clothing | | |
| 402 | Malingering, feigning illness | | |
| 404 | Using abusive or obscene language | | |
| 405 | Tattooing or self-mutilation | | |
| 407 | Conduct with a visitor in violation of Bureau regulations (Restrictions, or loss for a specific period of time, of these privileges may often be an appropriate sanction G) | E. | Make monetary restitution |
| | | F. | Withhold statutory good time |
| | | G. | Loss of privileges: commissary, movies, recreation, etc. |
| 408 | Conducting a business | H. | Change housing (quarters) |
| 409 | Unauthorized physical contact (e.g., kissing, embracing) | I. | Remove from program and/or group activity |
| | | J. | Loss of Job |
| | | K. | Impound inmate's personal property |
| 410 | Unauthorized use of mail (Restriction, or loss for a specific period of time, of these privileges may often be an appropriate sanction G) (May be categorized and charged in terms of greater severity, according to the nature of the unauthorized use; e.g., the mail is used for planning, facilitating, committing an armed assault on the institution's secure perimeter, would be charged as Code 101, Assault) | L. | Confiscate contraband |
| | | M. | Restrict to quarters |
| | | N. | Extra duty |
| | | O. | Reprimand |
| | | P. | Warning |
| 497 | Use of the telephone for abuses other than criminal activity (e.g., exceeding the 15-minute time limit for telephone calls; using the telephone in an unauthorized area; placing of an unauthorized individual on the telephone list). | | |
| 498 | Interfering with a staff member in the performance of duties. <u>Conduct must be of the Low Moderate Severity nature.</u>) This charge is to be used only when another charge of low moderate severity if not applicable. | | |
| 499 | Conduct which disrupts or interferes with the security or orderly running of the institution or the | *Sanctions B.1, E-P | |

Bureau of Prisons.
(Conduct must be of the Low
Moderate Severity nature.)
This charge is to be used
only when another charge of
low moderate severity is not
applicable.

Aiding another person to commit any of these offenses, attempting to commit any of these offenses, and making plans to commit any of these offenses, in all categories of severity, shall be considered the same as a commission of the offenses itself.]

When the prohibited act is interfering with a staff member in the performance of duties (Code 198, 298, 398, or 498), or Conduct Which Disrupts (Code 199, 299, 399, or 499), the DHO or UDC, in its findings, should indicate a specific finding of the severity level of the conduct, and a comparison to an offense (or offenses) in that severity level which the DHO or UDC finds is most comparable. For example, "We find the act of _____ to be of High severity, most comparable to prohibited act Engaging in a Group Demonstration."

Sanction B.1 may be imposed on the Low Moderate category only where the inmate has committed the same low moderate prohibited act more than one time within a six-month period.

SANITATION-PAGE 12 PICTURE OF AN APPROPRIATELY ORGANIZED CELL

